

Use of echo to manage endocarditis

Dermot Phelan MD PhD FASE FESC FACC

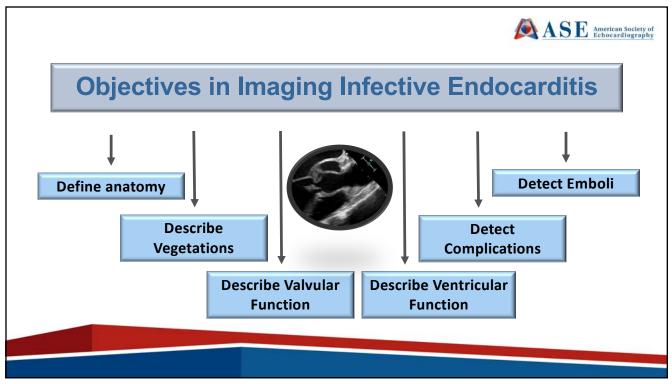
Medical Director of Cardiovascular Imaging,
Director of Sports Cardiology Center,
Co-Director of HCM Center

Sanger Heart and Vascular Institute

Atrium Health

No Disclosures

1



Diagnosis – Modified Duke vs ESC



Major criteria

- I. Blood culturs positive for IE
- a. Typical microorganisms consistent with IE from 2 separate blood cultures:
- · Viridans streptococci, Streptococcus gallolyticus (Streptococcus bovis), HACEK group, Staphylococcus aureus; or

 Community-acquired enterococci, in the absence of a primary
- focus; or
- b. Microorganisms consistent with IE from persistently positive blood
- ≥2 positive blood cultures of blood samples drawn > 12 h apart; or
- . All of 3 or a majority of ≥4 separate cultures of blood (with first and last samples drawn ≥I h apart); or c. Single positive blood culture for Coxiella burnetii or phase I IgG

2. Imaging positive for IE

- a. Echocardiogram positive for IE:
 - · Vegetation;
 - ·Abscess, pseudoaneurysm, Intracardiac fistula;
 - · Valvular perforation or aneurysm;
 - · New partial dehiscence of prosthetic valve.
- b. Abnormal activity around the site of prosthetic valve implantation detected by ¹⁸F-FDG PET/CT (only if the prosthesis was implanted for >3 months) or radiolabelled leukocytes SPECT/CT.
- c. Definite paravalvular lesions by cardiac CT.

Minor criteria

- I. Predisposition such as predisposing heart condition, or injection drug use.
- 2. Fever defined as temperature >38°C.
- 3. Vascular phenomena (including those detected by Imaging only): major arterial emboli, septic pulmonary infarcts, infectious (mycotic) aneurysm, intracranial haemorrhage, conjunctival haemorrhages, and Janeway's lesions.
- 4. Immunological phenomena: glomerulonephritis, Osler's nodes, Roth's spots, and rheumatoid factor.
- 5. Microbiological evidence: positive blood culture but does not meet a major criterion as noted above or serological evidence of active Infection with organism consistent with IE.

Clinical criteria

- · 2 major criteria; or
- · I major criterion and 3 minor criteria; or
- · 5 minor criteria

Who needs TTE or TEE



Decommendation	ESC		AHA				
Recommendation		LOE	Class	LOE			
Diagnosis							
Echocardiography is recommended as the first-line imaging test in all cases of suspected IE, and it should be performed as soon as possible (<12 hours after initial evaluation)*	1	B I A, B					
TEE should be performed if initial TTE is negative or non-diagnostic in patients for whom there is an ongoing suspicion for IE	1	В	1	В			
TEE should be considered even in patients with positive TTE, except in isolated right-sided native valve IE with good quality TTE and unequivocal echocardiographic findings	lla	С	NSER				
TEE is recommended in patients with clinical suspicion of IE when a prosthetic heart valve or an intracardiac device is present	1	В	NSER†				
Echocardiography should be considered in Staphylococcus aureus bacteraemia	lla	В	NSER				
Repeat TEE is recommended within 3-7 days,* or sooner if clinical findings change, in patients for whom there is a high suspicion of IE despite an initial negative TEE	1	С	1	В			

Follow-up Repeat TEE should be performed after an initially positive TEE if clinical suspicion of a new complication of IE arises (e.g. persistent fever, changes in cardiac murmurs, heart failure, embolism, new atrioventricular block, or arrhythmia) TTE is recommended at the time of antimicrobial therapy completion to evaluate cardiac and valve morphology and function J. Nucl Cardiol. 2019 Feb;26(1):303-308

ASE American Society of Echocardiography Clinically Suspected Infective Endocarditis (IE) Negative Prosthetic valve Positive Inconclusive Intracardiac device Diagnosis established High clinical Low clinical suspicion/Low risk suspicion/High risk High-risk features Consider other causes Transesophageal echocardiography (TEE) Negative Positive High suspicion of IE Diagnosis established Consider other Silent complications detection causes Vegetation size monitoring Repeat TTE/TEE Evaluation of cardiac structure & function after completion of therapy

TTE vs TEE



TTE: Sensitivity: 70% for native valves

50% for prosthetic valves

Specificity: 90%

TEE: Sensitivity: 96% for native valves

92% for prosthetic valves

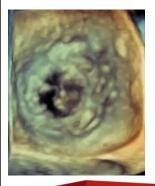
Specificity: 90%

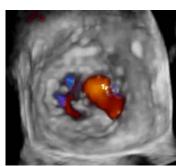
7

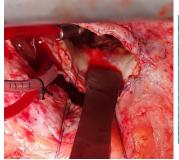
Role of 3D Echo



- Improved spatial information regarding size and attachments.
- · Increased sensitivity for detecting and sizing abscess cavities
- · Facilitate the diagnosis of prosthetic valve dehiscence









ጸ

Differential Diagnosis



- Lamble/strands
- Suture/prosthetic material
- Redundant chords
- > Eustachian/Chiari
- > MVP/MAC
- Off-axis imaging of normal valve leaflets
- > Tumors: papillary fibroelastoma

9

Characteristics of a vegetation

•Texture: Like myocardium

•Location: Upstream side of the valve in the

path of the jet or on prosthetic

material

• Motion: Chaotic/orbiting; independent

of valve motion

•Shape: Lobulated and amorphous

•Company: Abscess and pseudoaneurysm,

fistulae, prosthetic dehiscence, paravalvular leak, significant

regurgitation



ASE American Society of Echocardiography



Characteristics suggestive of something other than vegetation

> Texture: High reflectors: calcium or pericardium

Location: Downstream surface of valve

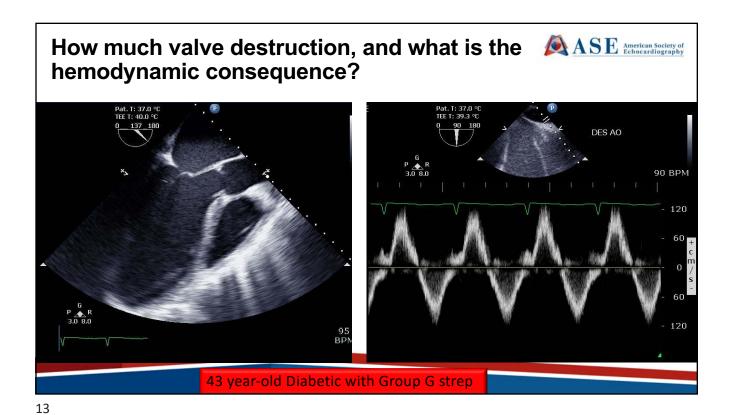
> Shape: Stringy or hair-like strands with narrow attachment

Company: No turbulent flow or regurgitation

11



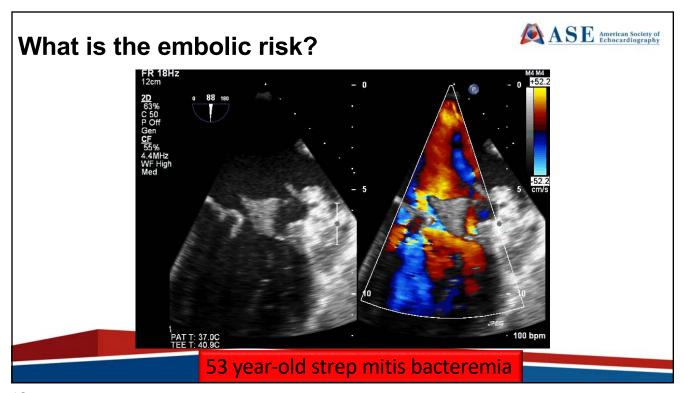
When should I call my friendly surgeon?

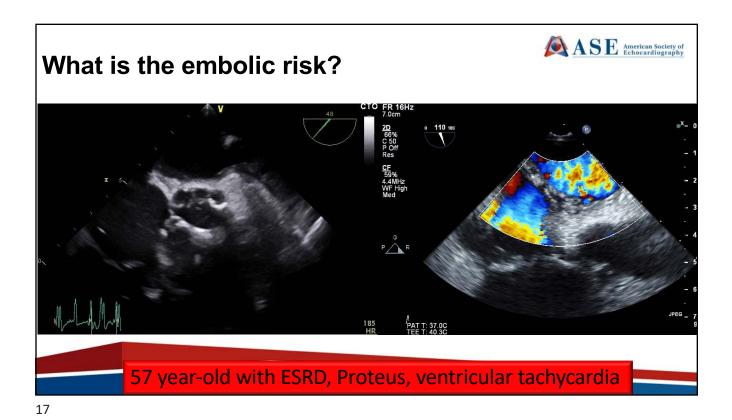


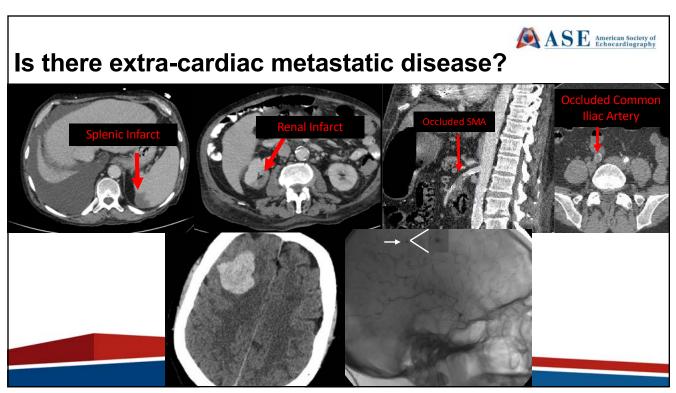
How much valve destruction, and what is the hemodynamic consequence?

ASE AMERICAN SOCIETY OF ASE AMER











Indications for surgery

Left-sided Endocarditis

- Valve regurgitation with heart failure
- Paravalvular extension
- >10mm if low risk for surgery or >30mm
- Persistent bacteremia
- Recurrent emboli
- Difficult to treat pathogens

Right-sided Endocarditis

- >20mm
- Recurrent PE
- Persistent bacteremia
- Devices
- Rarely: heart failure or invasive disease
- Difficult to treat pathogens

19

Classifications in Endocarditis



Clinical

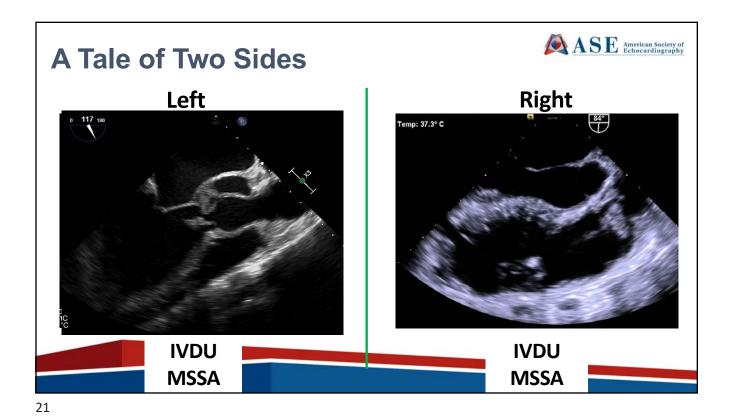
Sub-acute vs Acute

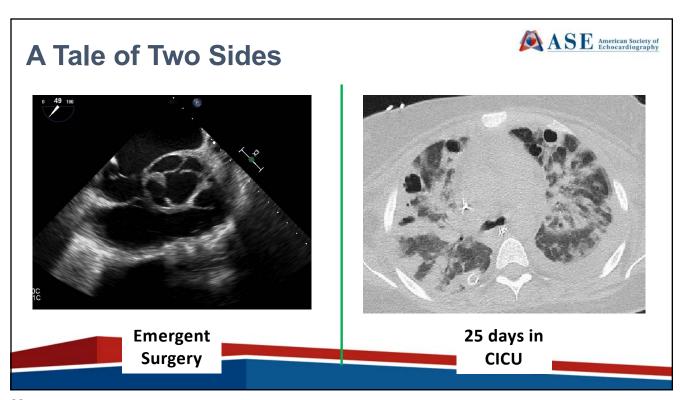
Community-acquired, health care-associated (nosocomial or non-nosocomial), or IVDU

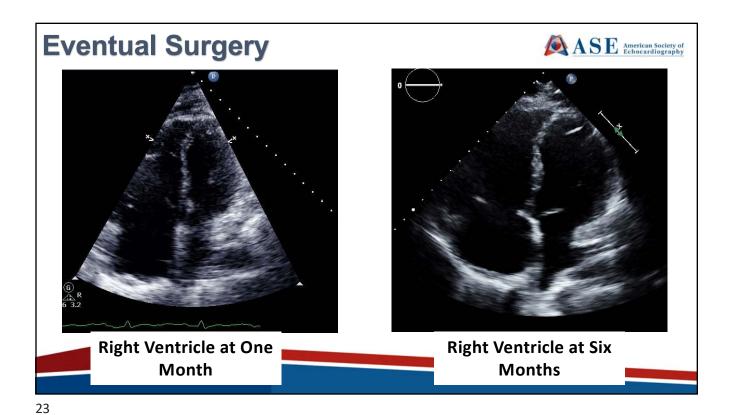
Microbiology

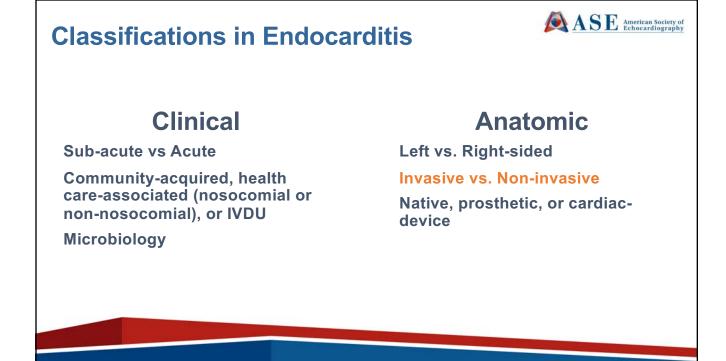
Anatomic

Left vs. Right-sided Invasive vs. Non-invasive Native, prosthetic, or cardiacdevice









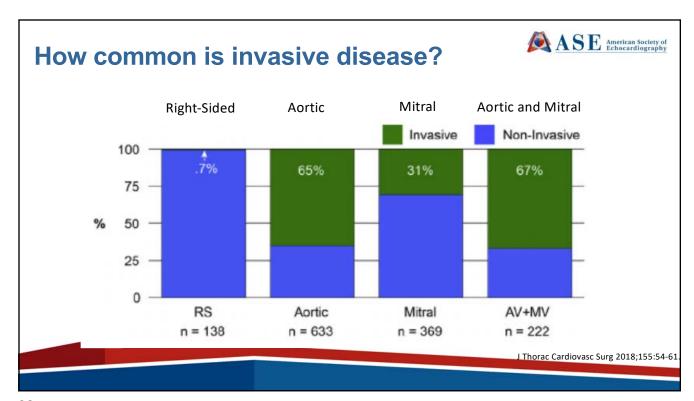
Definitions

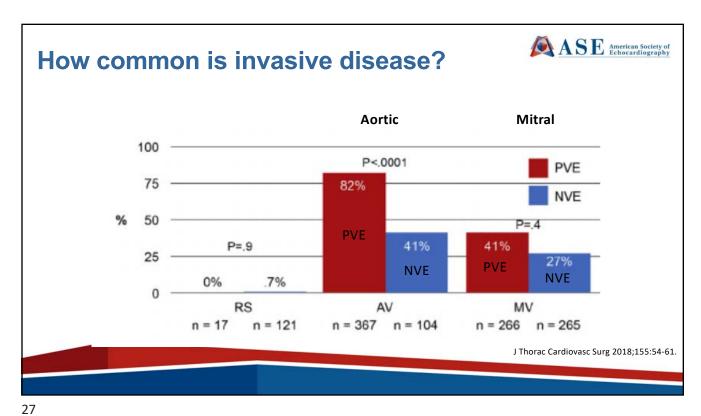


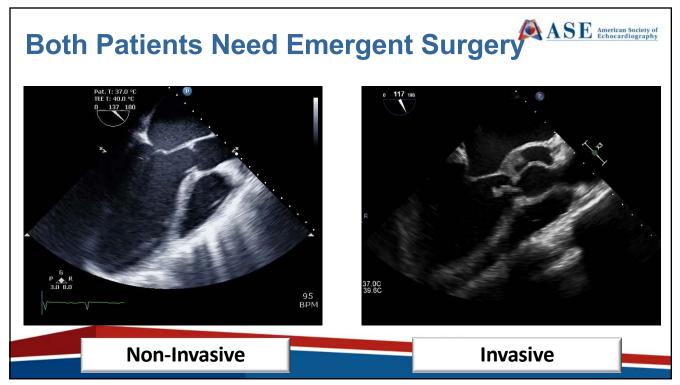
	Surgery/necropsy	Echocardiography		
Vegetation	Infected mass attached to an endocardial structure or on Implanted Intracardiac material.	Oscillating or non- oscillating intracardiac mass on valve or other endocardial structures, or on implanted intracardiac material.		
Abscess	Perivalvular cavity with necrosis and purulent material not communicating with the cardiovascular lumen.	Thickened, non- homogeneous perivalvular area with echodense or echolucent appearance		
Pseudoaneurysm	Perivalvular cavity communicating with the cardiovascular lumen.	Pulsatile perivalvular echo-free space, with colour-Doppler flow detected.		

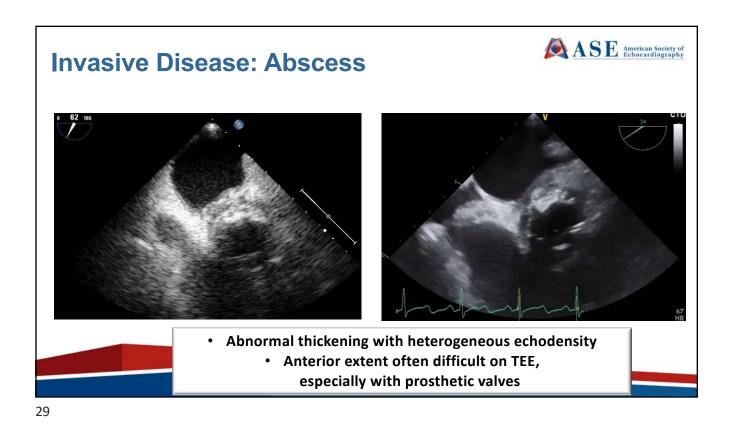
	Surgery/necropsy	Echocardiography	
Perforation	Interruption of endocardial tissue continuity.	Interruption of endocardial tissue continuity traversed by colour-Doppler flow.	
Fistula	Communication between two neighbouring cavities through a perforation.	Colour-Doppler communication between two neighbouring cavities through a perforation.	
Valve aneurysm	Saccular outpouching of valvular tissue.	Saccular bulging of valvular tissue.	
Dehiscence of a prosthetic valve	Dehiscence of the prosthesis.	Paravalvular regurgitation identified by TTE/TOE, with or without rocking motion of the prosthesis.	

25

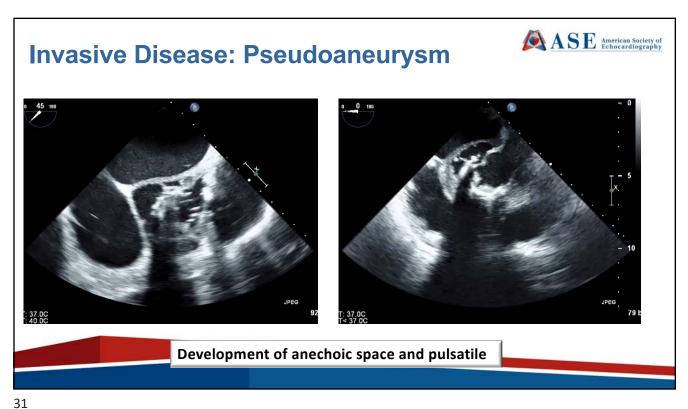




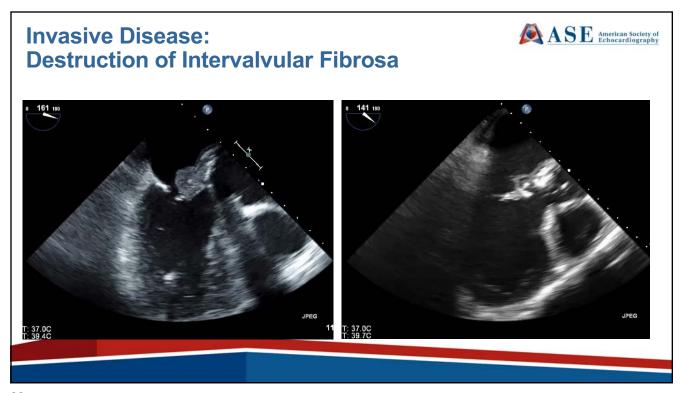


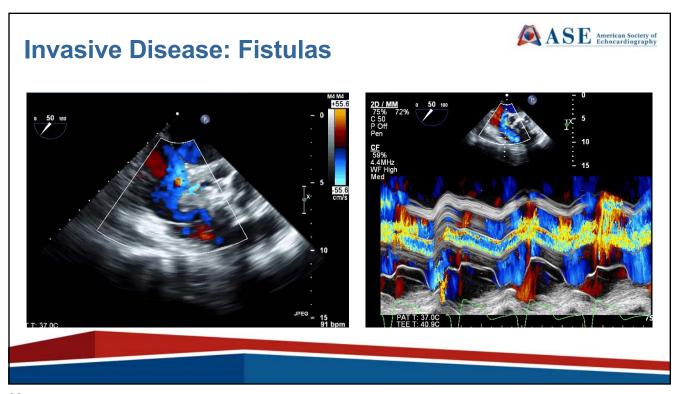


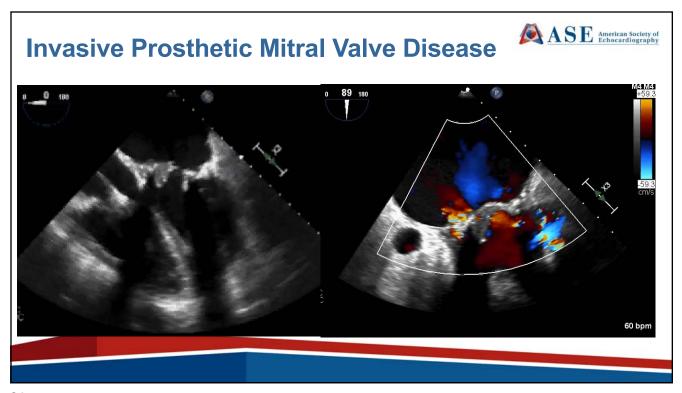




ЭТ







Classifications in Endocarditis



Clinical

Sub-acute vs Acute

Community-acquired, health care-associated (nosocomial or non-nosocomial), or IVDU

Microbiology

Anatomic

Left vs. Right-sided
Invasive vs. Non-invasive
Native vs prosthetic, or cardiac-

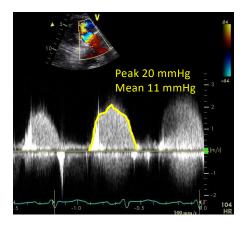
device

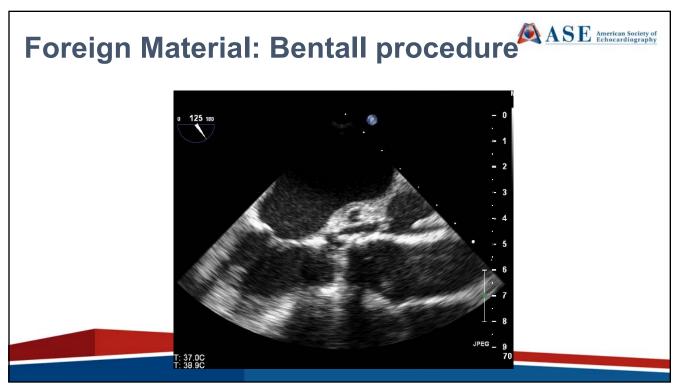
25

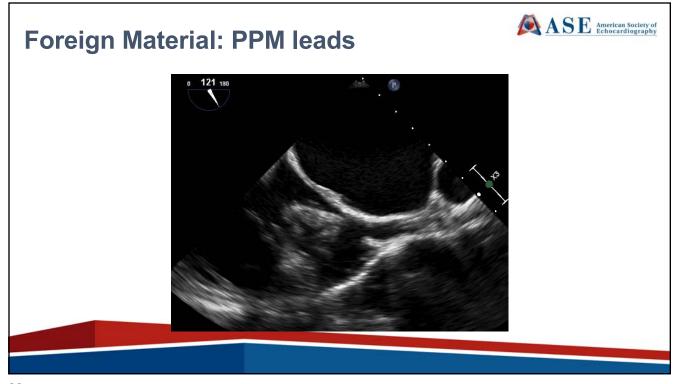
Foreign Material: TVR in IVDU











ASE American Society of Echocardiography **CTA** and **TEE** may be complementary TEE Generalizations: n=10 n=11 CT n=8 Given temporal resolution, TEE better at identifying n=39 vegetations CT+TEE Given field-of-view, CTA No indication for surgery better at identifying extent Indication for surgery on both CT and TEE Indication for surgery on CT only of invasive complications Indication for surgery on TEE only Eur J Card Thor Surg 2016;1165-1171.

Case Examples: Endocarditis Protocol (4D CTA of the heart followed by delayed FLASH of the chest)

Vegetation

