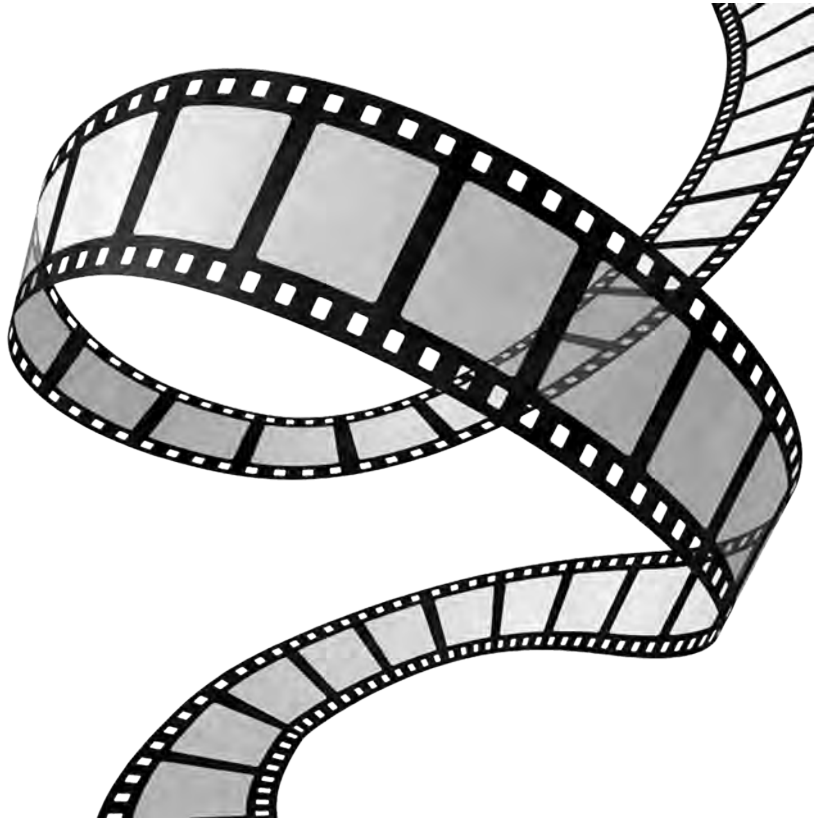


Strain from A to Z: Technique, analysis, & application

TOP TIPS



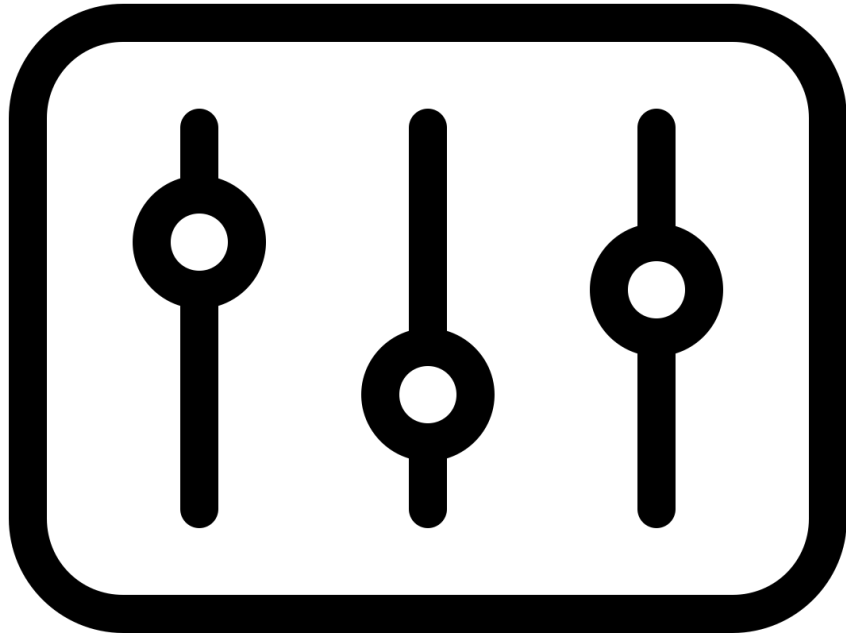
FRAME RATE = HIGH

40-80 fps



HEART RATE = SAME

**Acquire 3 views one
after the other**



QUALITY = GOOD

**Optimize, optimize,
optimize**



READING MUSTS

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<http://dx.doi.org/10.1016/j.jcmg.2014.06.013>

IMAGING VIGNETTE

Practical Guidance in Echocardiographic Assessment of Global Longitudinal Strain



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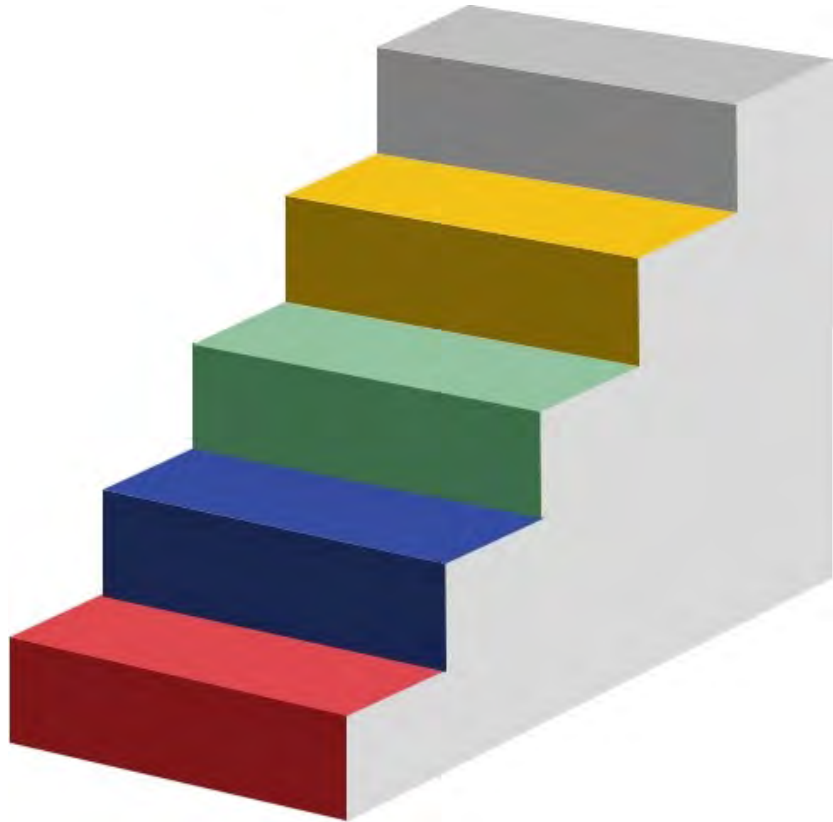
VOL. 11, NO. 8, 2018

Research to Practice

Assessment of Left Ventricular Global Longitudinal Strain for Surveillance of Cancer Chemotherapeutic-Related Cardiac Dysfunction



Hong Yang, MB, PhD,^{a,b} Leah Wright, BS,^{a,b} Tomoko Negishi, MD,^{a,b} Kazuaki Negishi, MD, PhD,^{a,b} Jennifer Liu, MD,^c
Thomas H. Marwick, MBBS, PhD, MPH^{a,b}

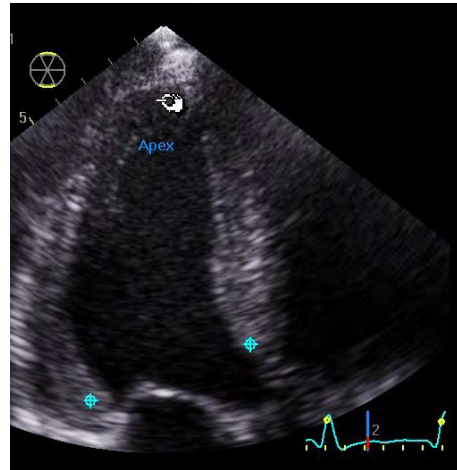


ANALYSIS = 5 STEPS

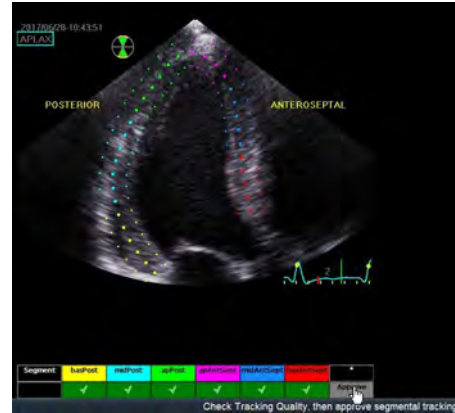
5 Steps for GLS



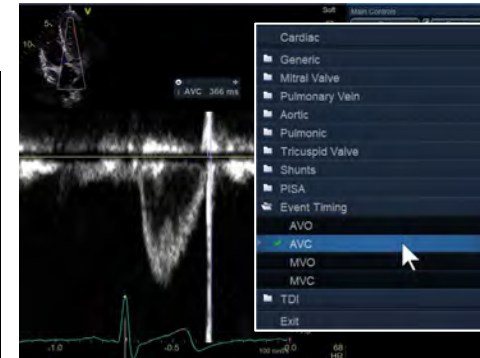
View selection



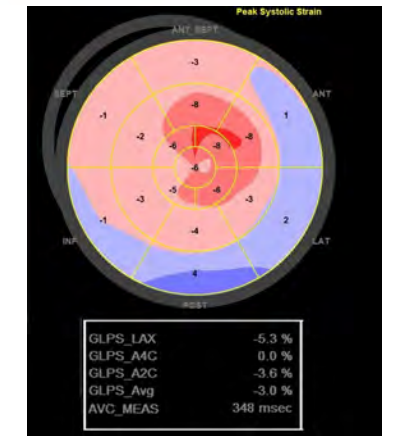
Tracing



Assessment of tracking quality



Defining end-systole



Integration

Adapted from Yang H, et al. JACC Cardiovasc Imaging. 2018 Aug;11(8):1196-1201.



INTERPRETATION





THINK THERMOMETER

If normal $> -18\%$

“Warmer” is worse (like
climate change)

Or quote as [absolute]