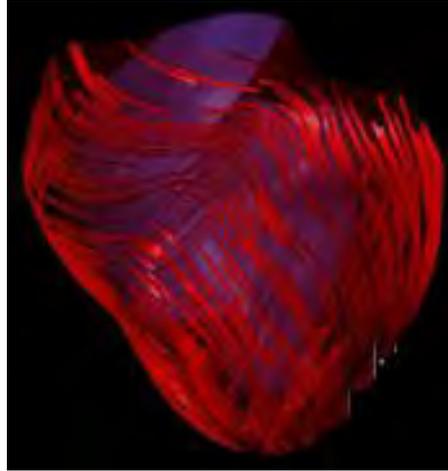


# Physiology of Systole: What are We Really Trying to Measure?



**Jonathan R. Lindner, MD, FASE, FACC**  
**M. Lowell Edwards Professor of Cardiology**  
**Oregon Health & Science University**

**Research Support/Disclosures:**

**NIH: R01-HL078610, R01-HL130036, P51-OD011092, R01-135024**

**NASA: 18-18HCFBP\_1\_009**

**GE Healthcare, Lantheus, Philips**

# General Ideas on Squeeze and Pump

## Left Ventricle

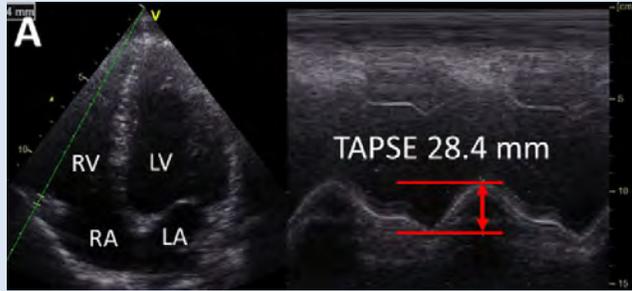


## Right Ventricle

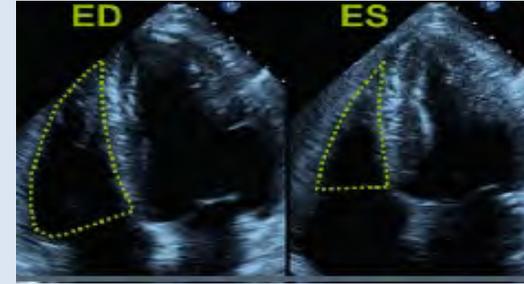


# Imaging RV Function

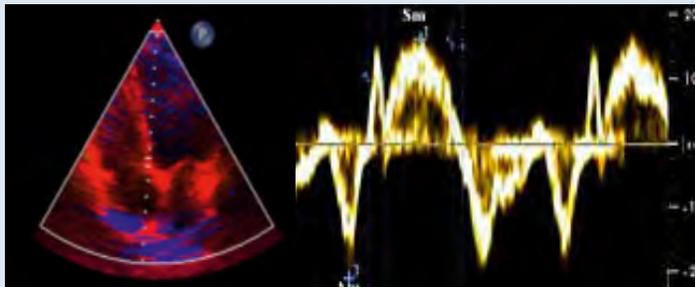
## TAPSE



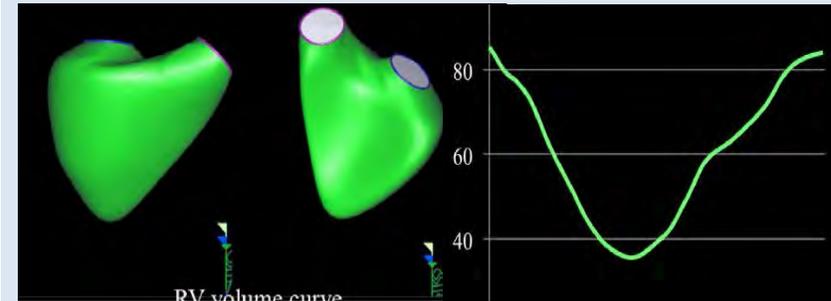
## Fractional Area Change



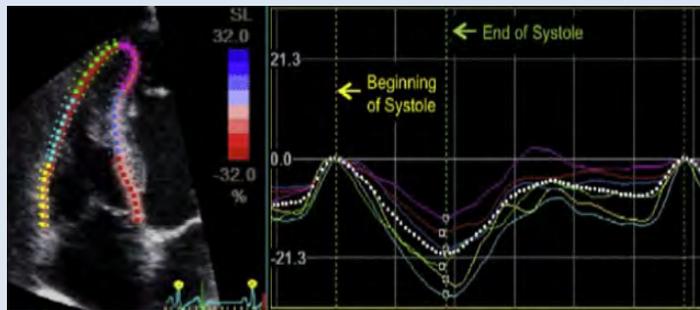
## Systolic Velocity



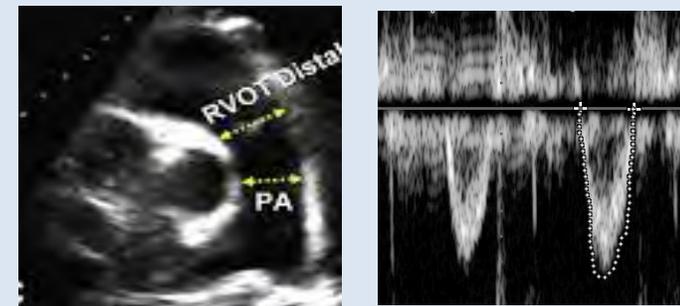
## 3D RVEF



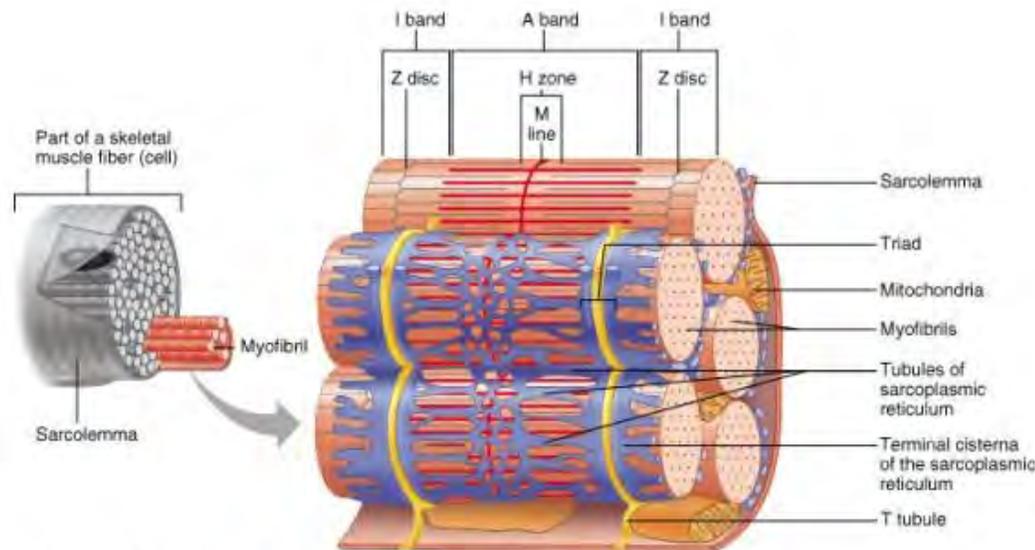
## RV Strain



## Stroke Volume



# The Cardiomyocyte and LV Function



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## Dynamic Morphometrics

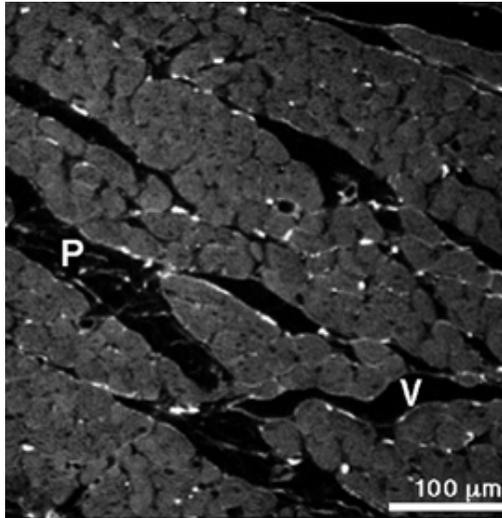
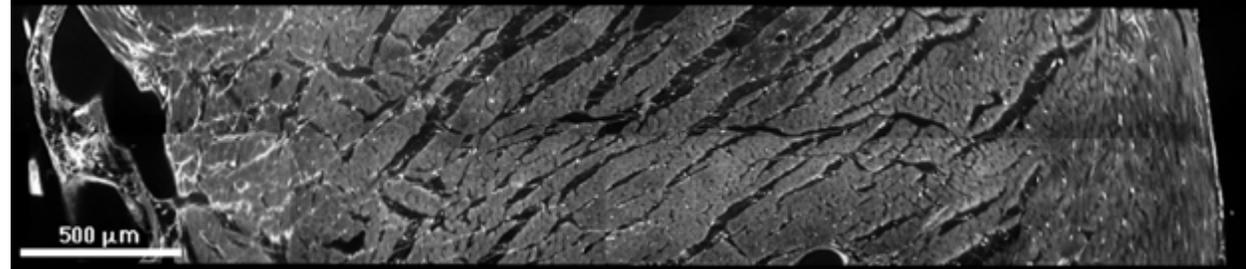
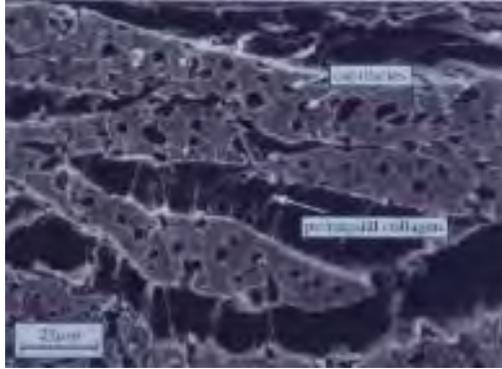
Myocyte shortening: 15%

Myocyte thickening: 8%

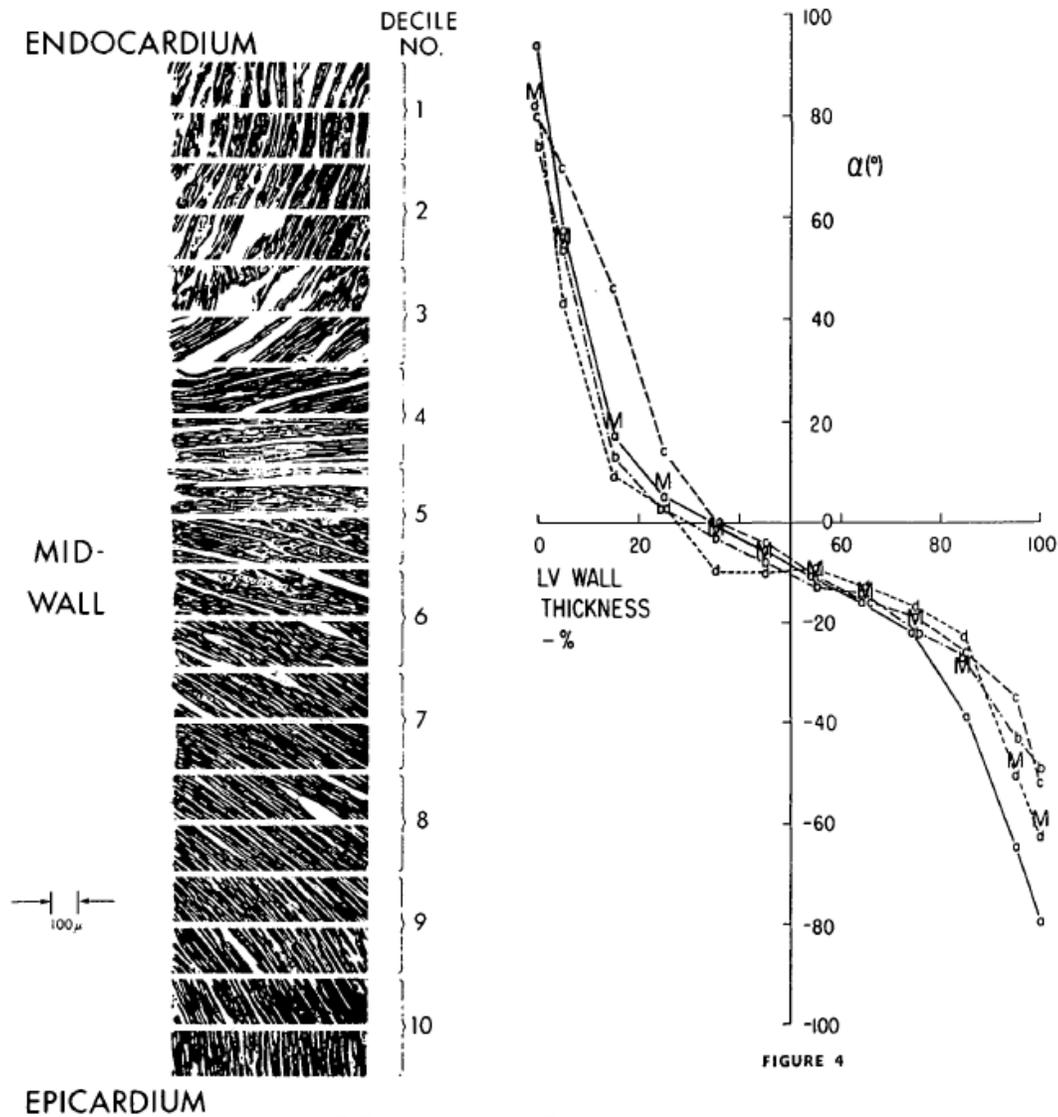
Wall thickening: 40%

Ejection Fraction: 60-70%

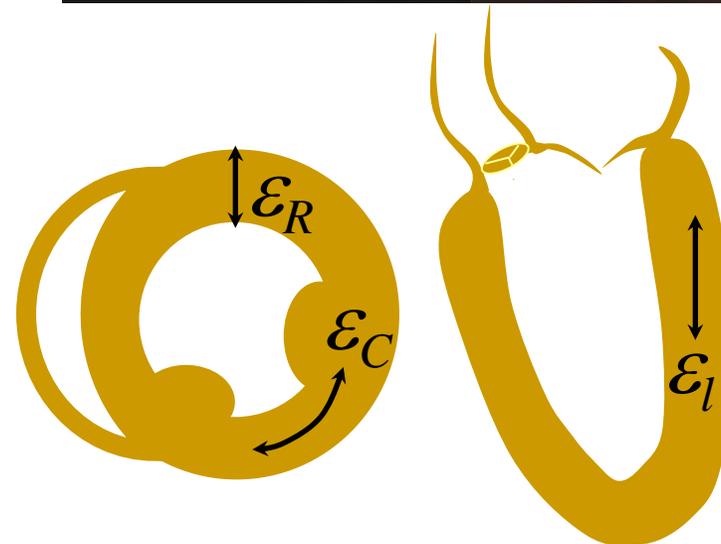
# Myocardial Sheet Composition



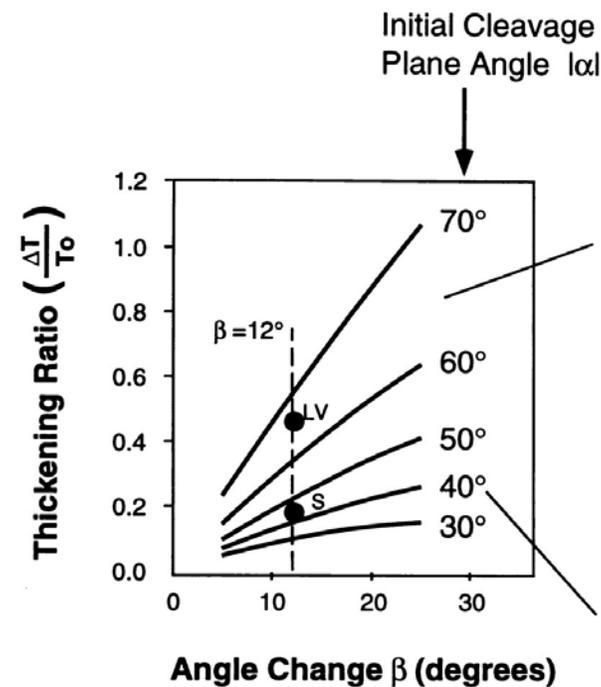
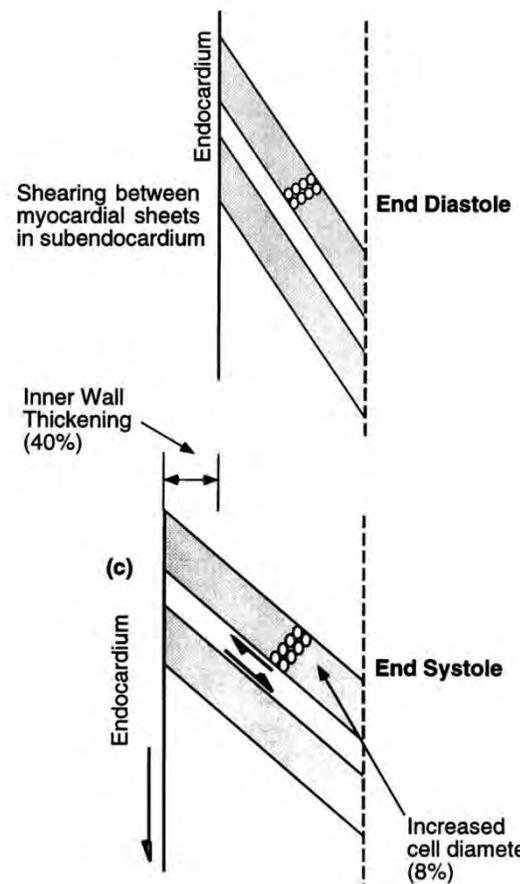
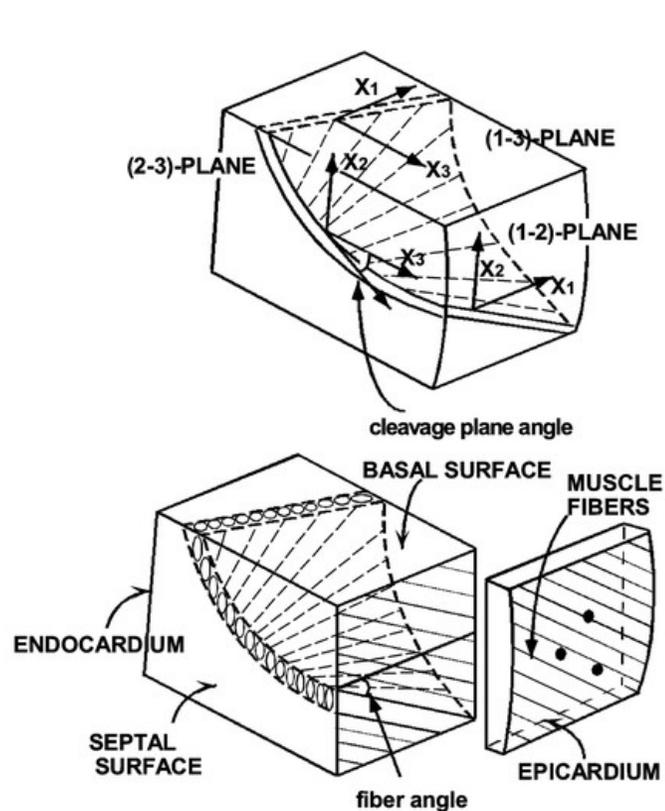
# Fiber Orientation and Strain



Streeter DD, et al. Circ Res 1969;24:339



# Sheet Thickening and Interlaminar Shear



$$\frac{\Delta T}{T_0} = \frac{\cos(|\alpha| - |\beta|)}{\cos(|\alpha|)} - 1$$

# Imaging Assessment of the Periodic Pump

## Muscle Squeeze

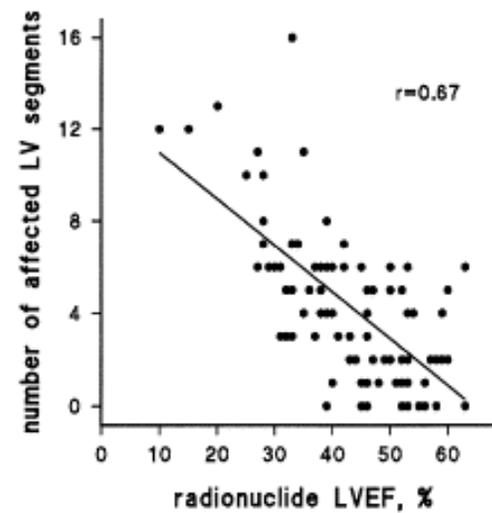
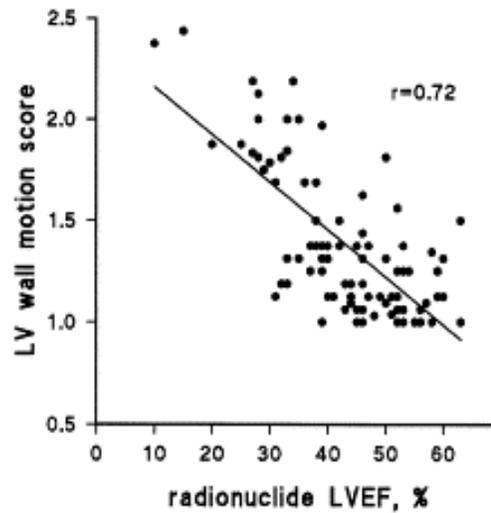
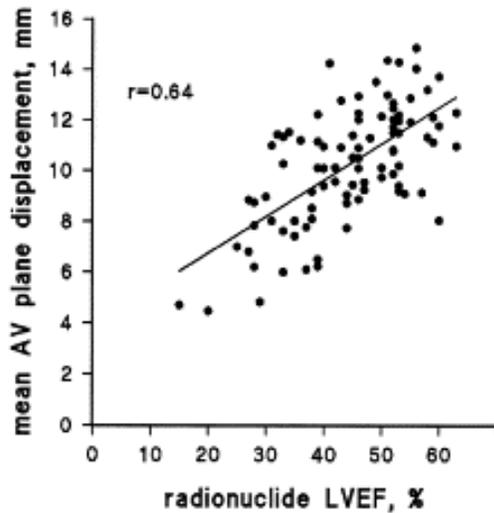
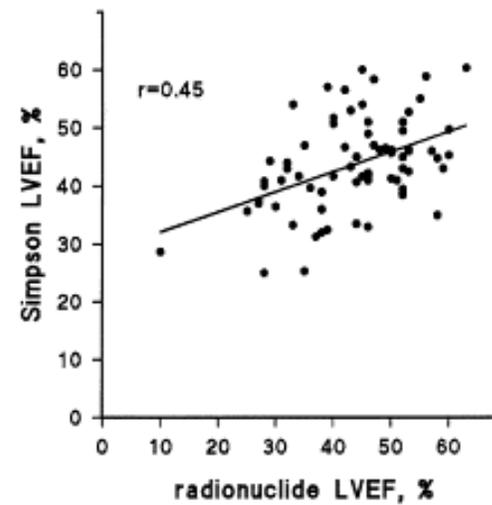
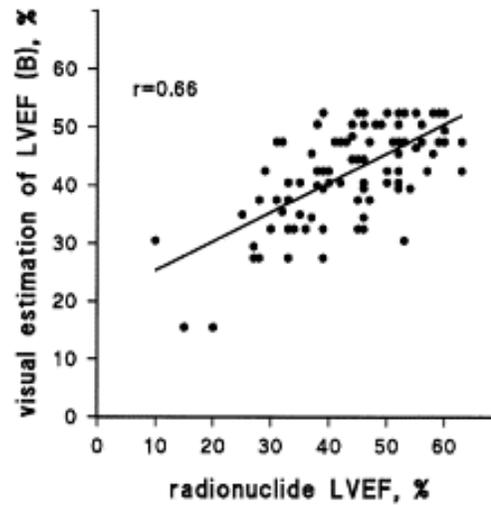
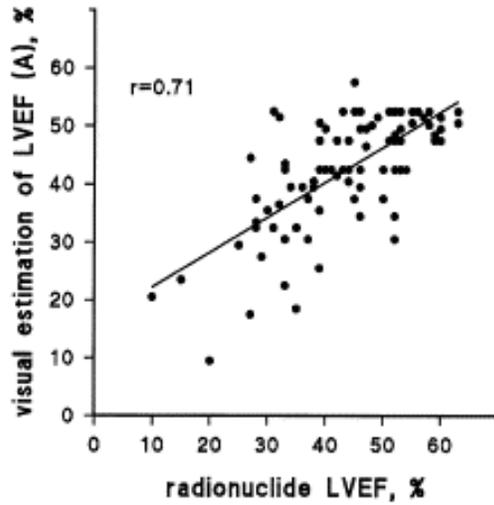
dp/dt  
Tissue Doppler  
VCF  
Strain  
Strain rate  
Isovolumic acceleration  
Torsion  
Twist

## Volume

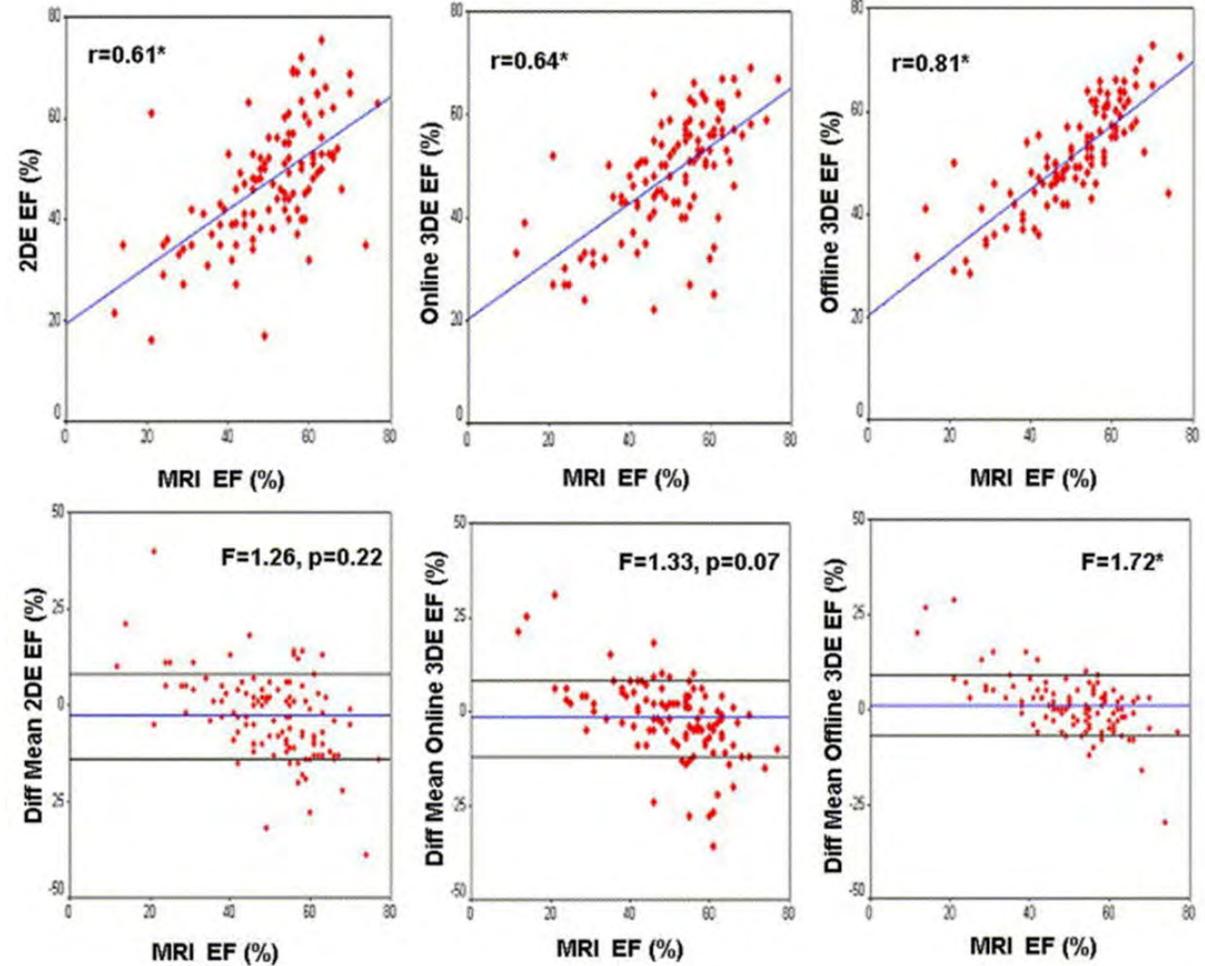
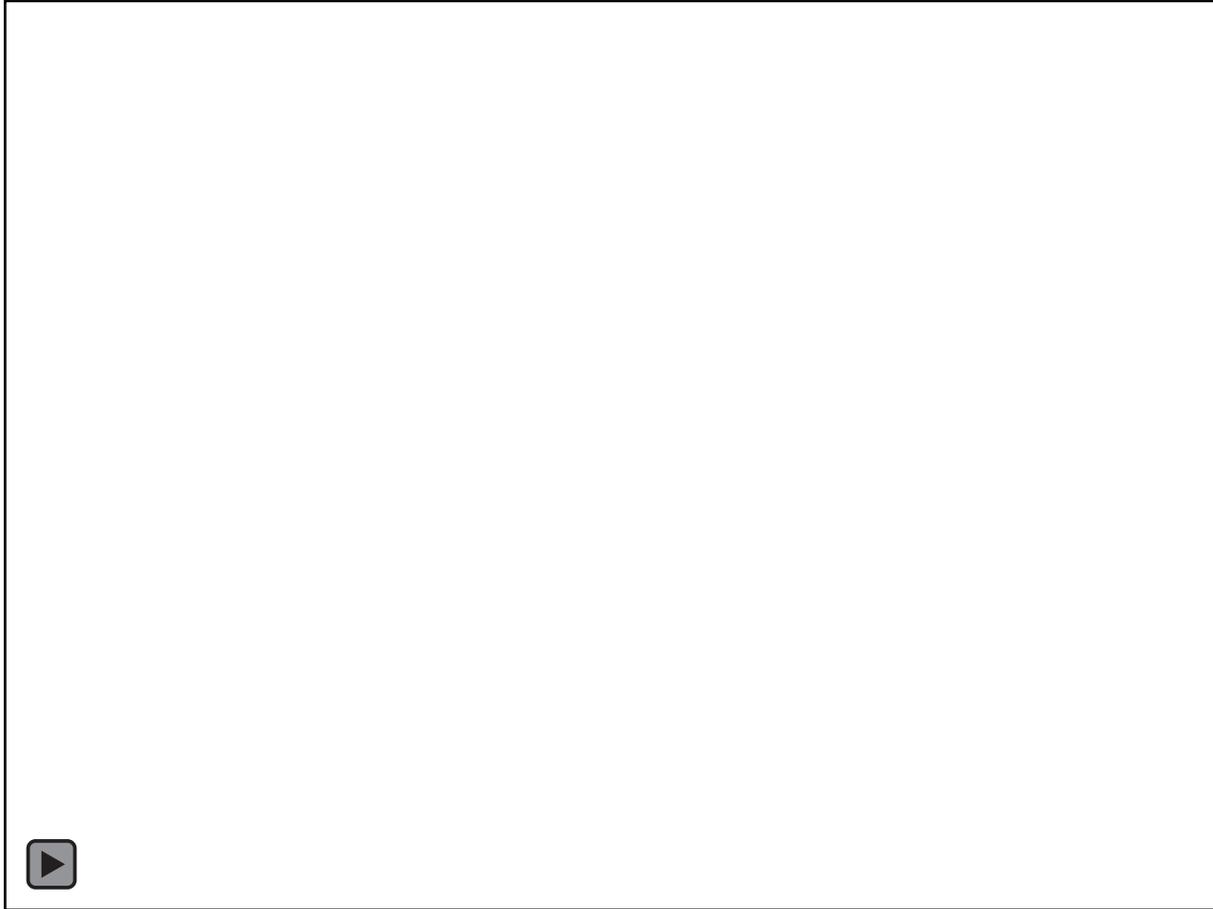
LVEF  
Shortening Fraction  
Stroke volume  
Stroke work  
(ESV-ESP relation)

“Myocardial work”

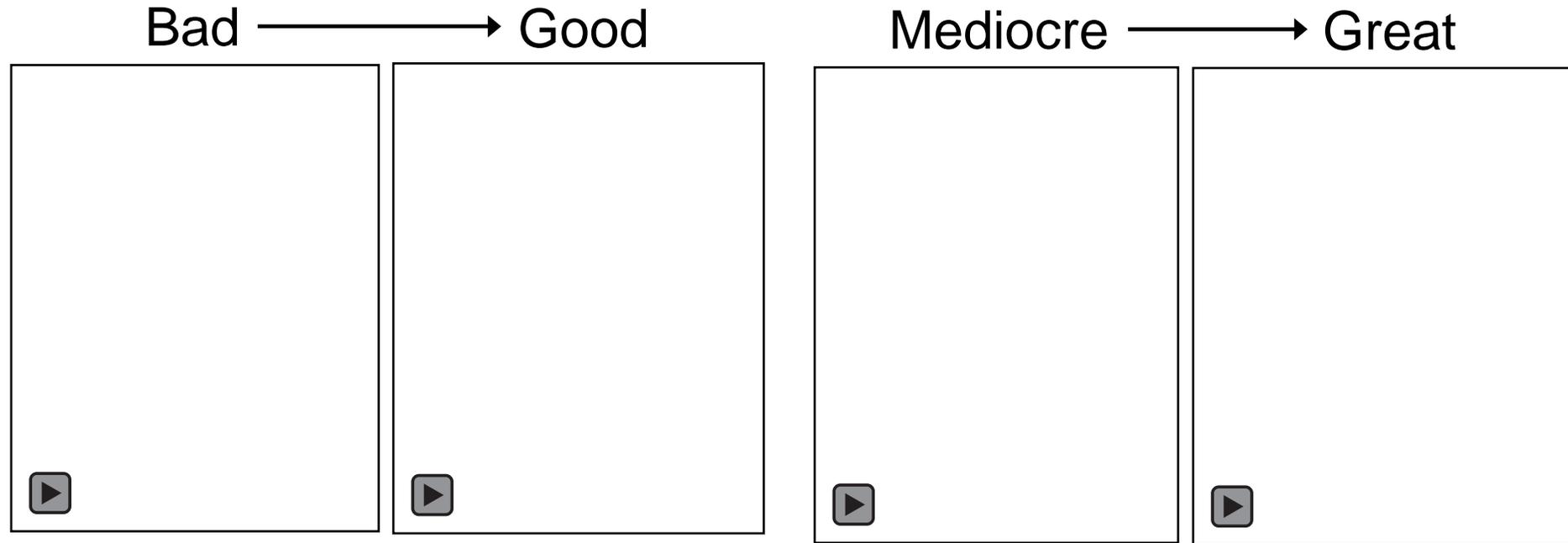
# LVEF: A messy business



# 3D LVEF: Even More Messy?

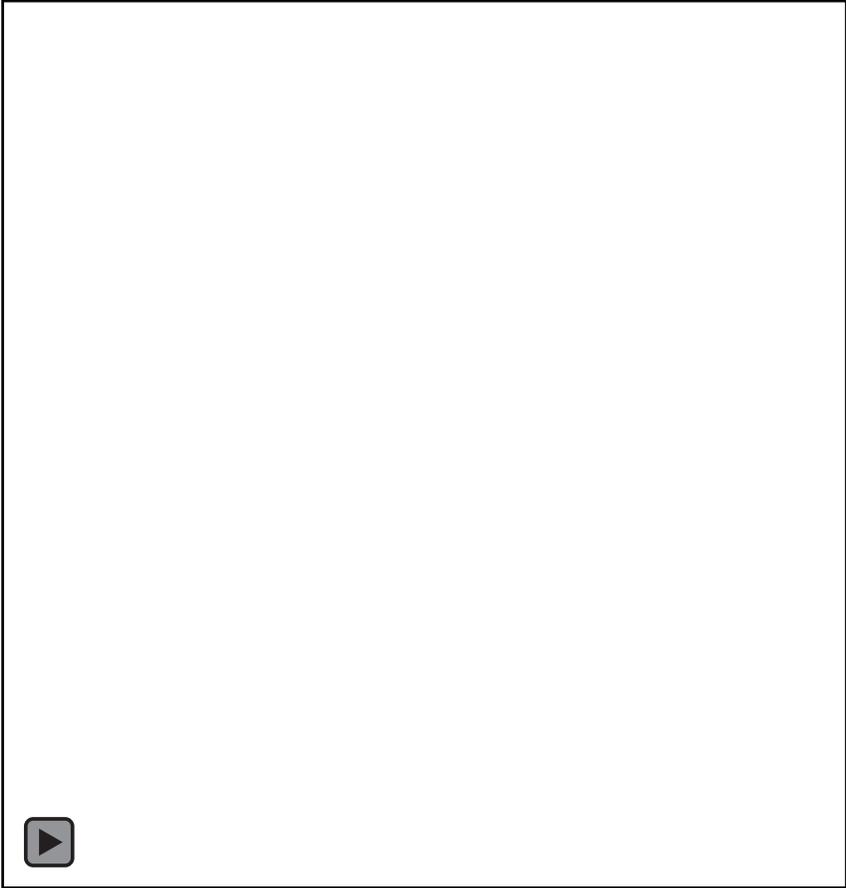


# UEAs, LV Volumes, and LVEF

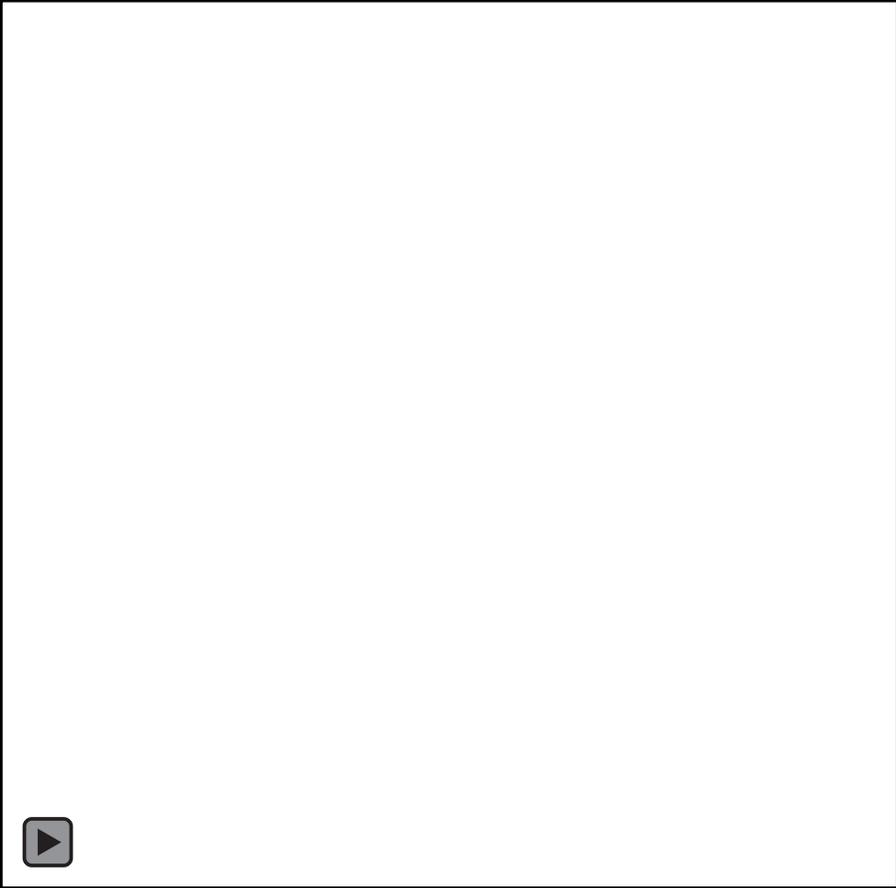


# Speckle-tracking Strain Echocardiography

**Strain**

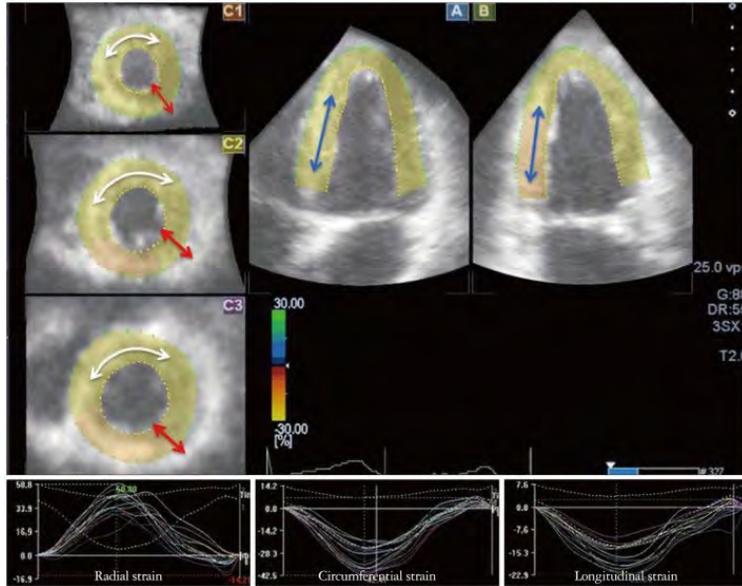


**Strain Rate**

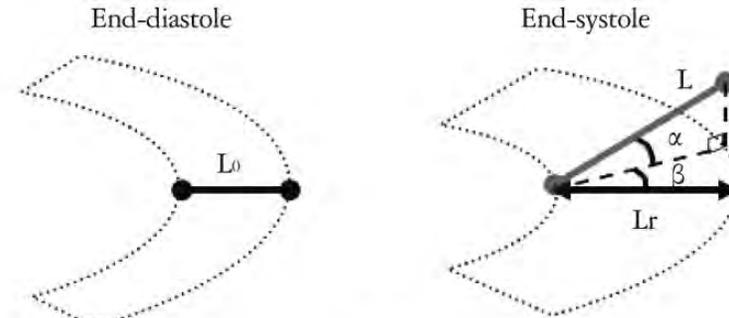


# Advanced Strain

## Component Strain (Lagrangian)



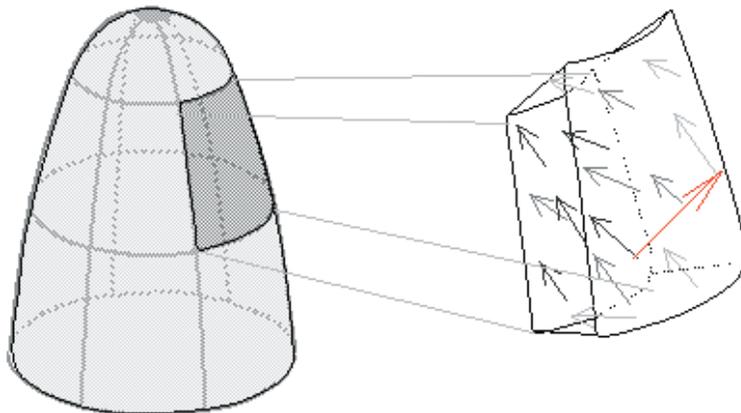
## Shear Strain



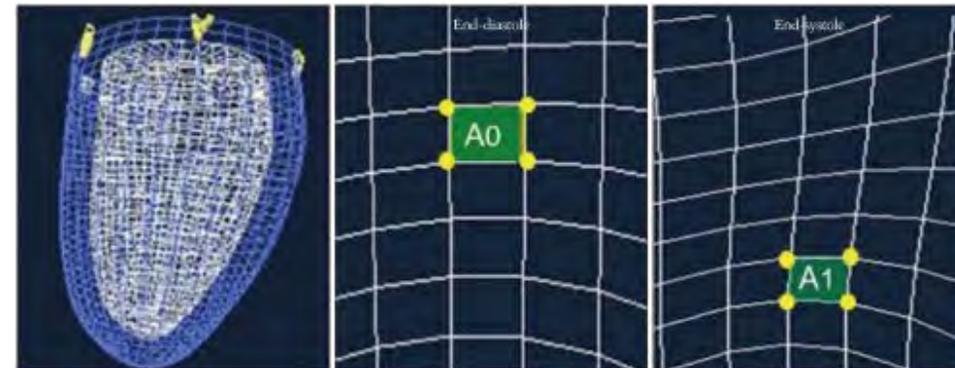
$$\text{Radial strain} = \frac{(L_r - L_0)}{L_0} \times 100 (\%)$$

$$\text{3D strain} = \frac{(L - L_0)}{L_0} \times 100 (\%)$$

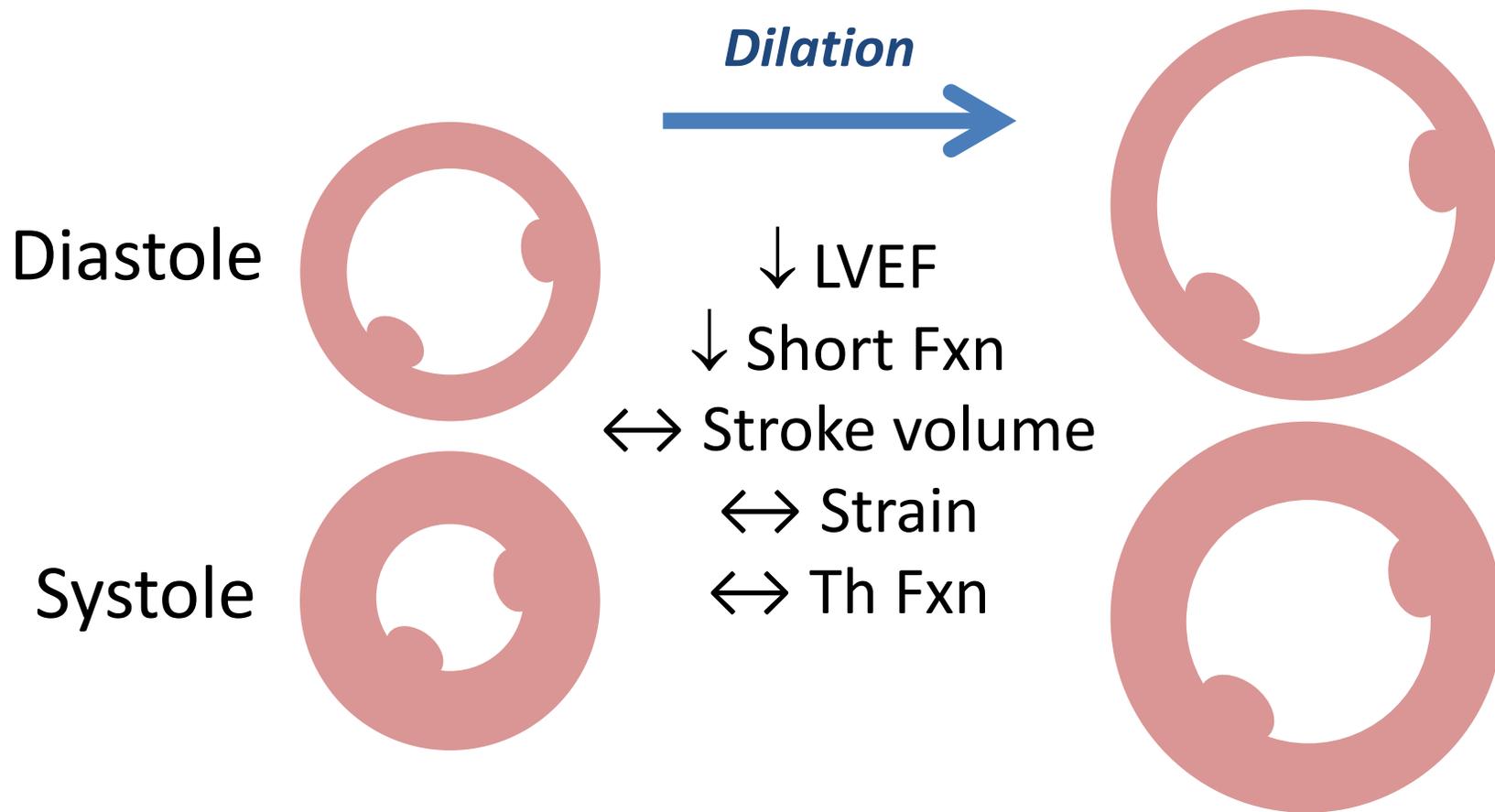
## Principal



## Area Strain



# Expect Incongruent Data with Echo Data



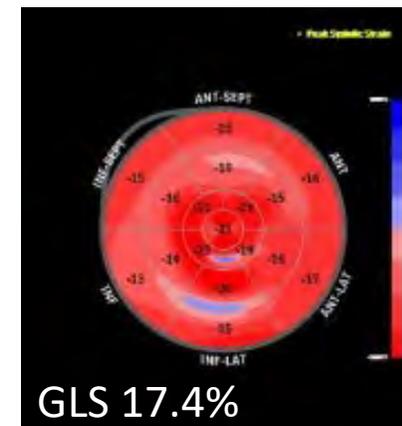
# Concentric Remodeling

## Normal



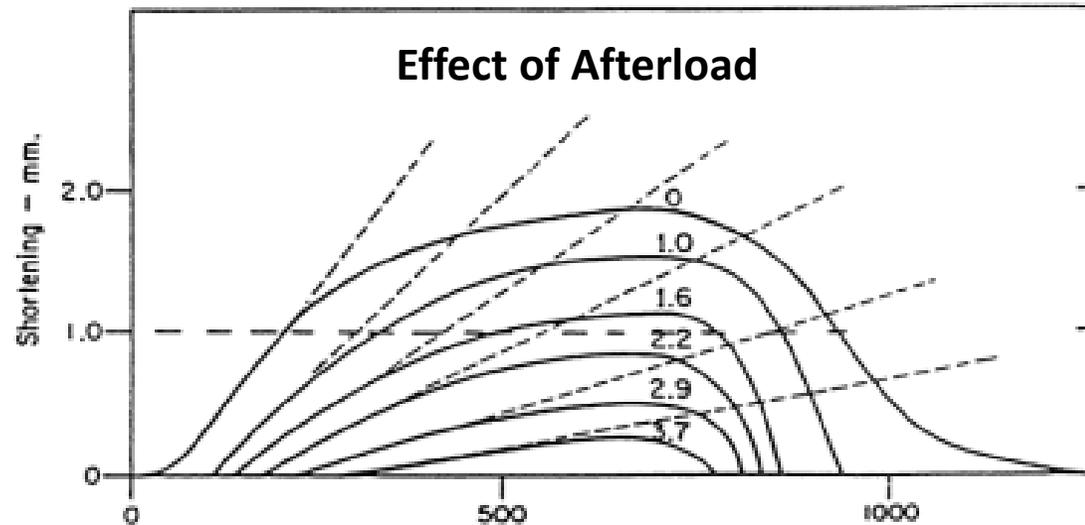
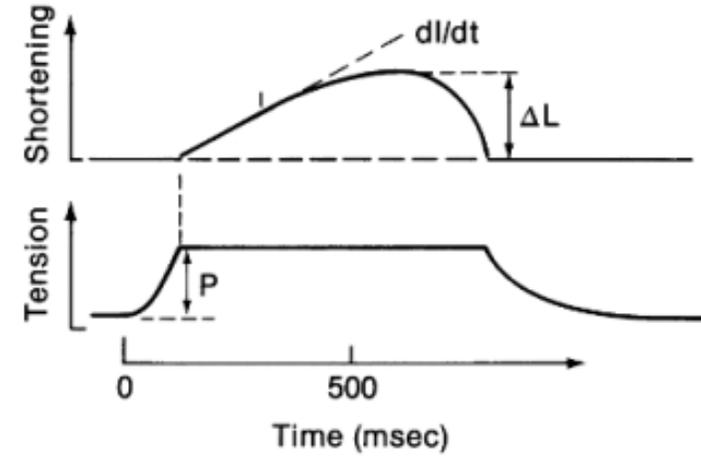
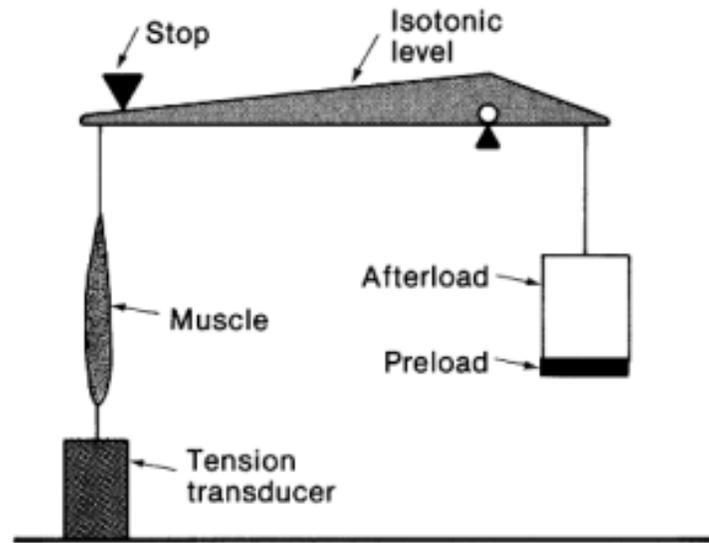
LVEF 66%  
SV=81 mL

## Concentrically remodeled

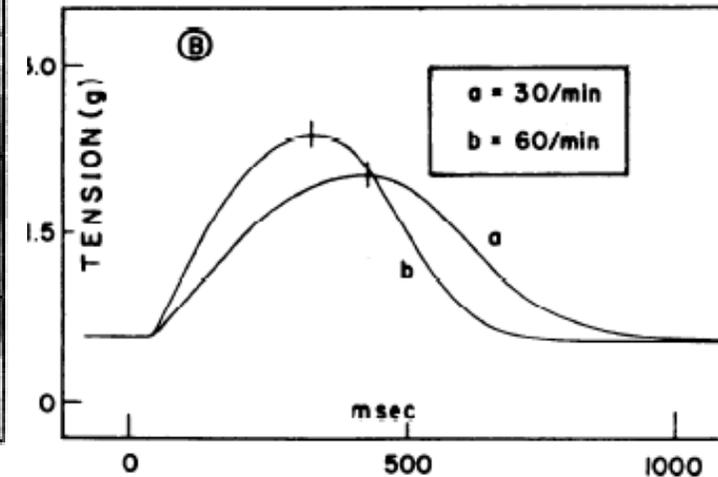


LVEF 69%  
SV =51 mL

# Afterload and Force-velocity Relations

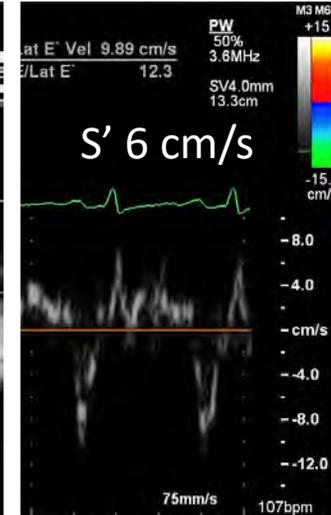
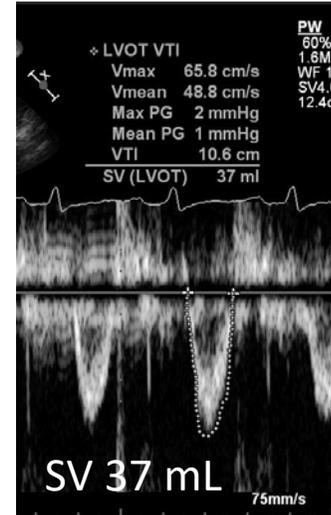
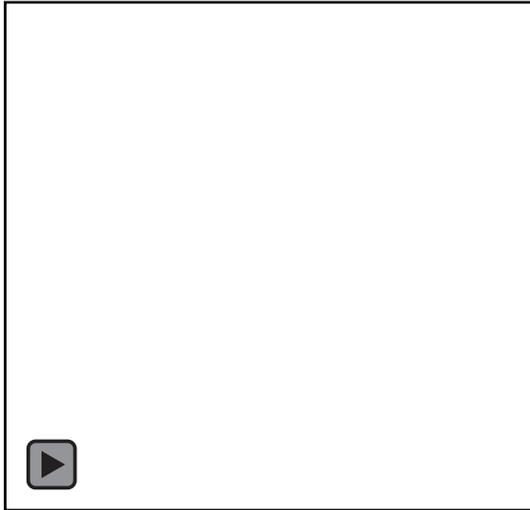
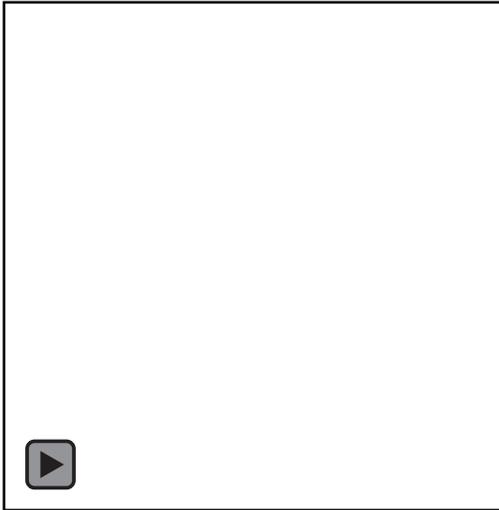


## Effect of Beat Frequency

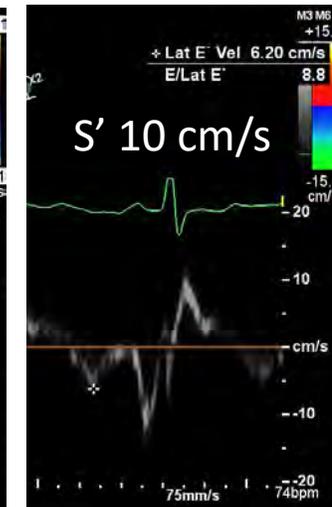
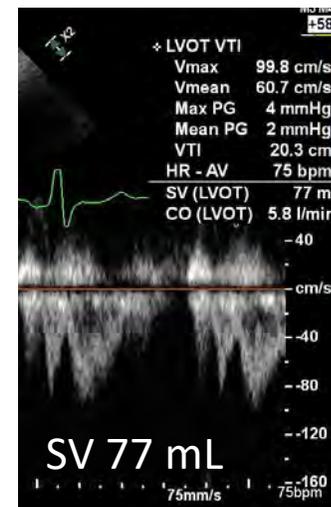
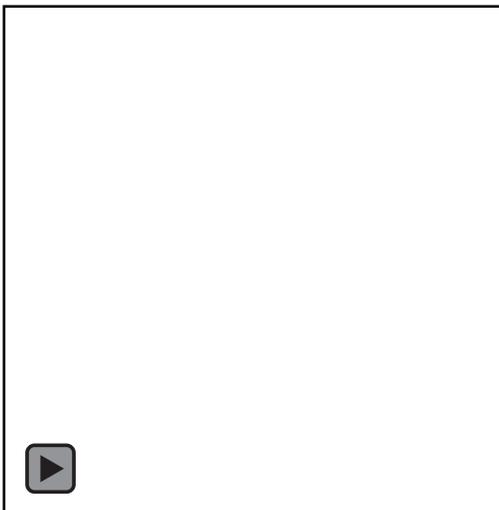


Sonnenblick EH, et al. Am J Physiol 1962;205:931  
 Sonnenblick EH, et al. Circ Res 1966;19:980

# BP 220/114



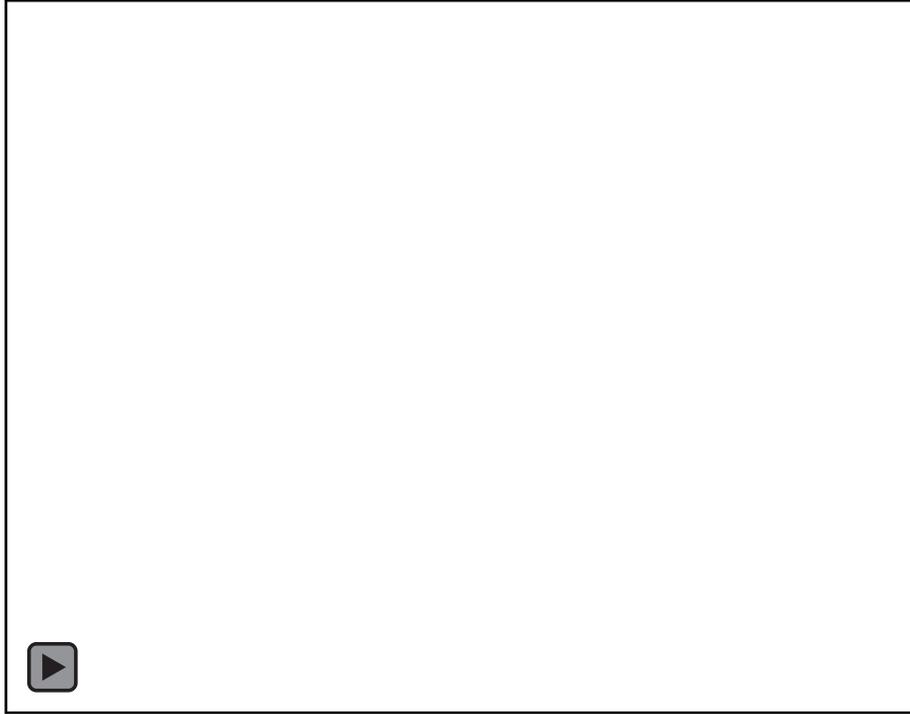
# BP 132/84



# Effect of Afterload During Stress Echo

**Hypertensive Response to Exercise**  
**Systolic BP at Peak 218/74**

**PSAX**

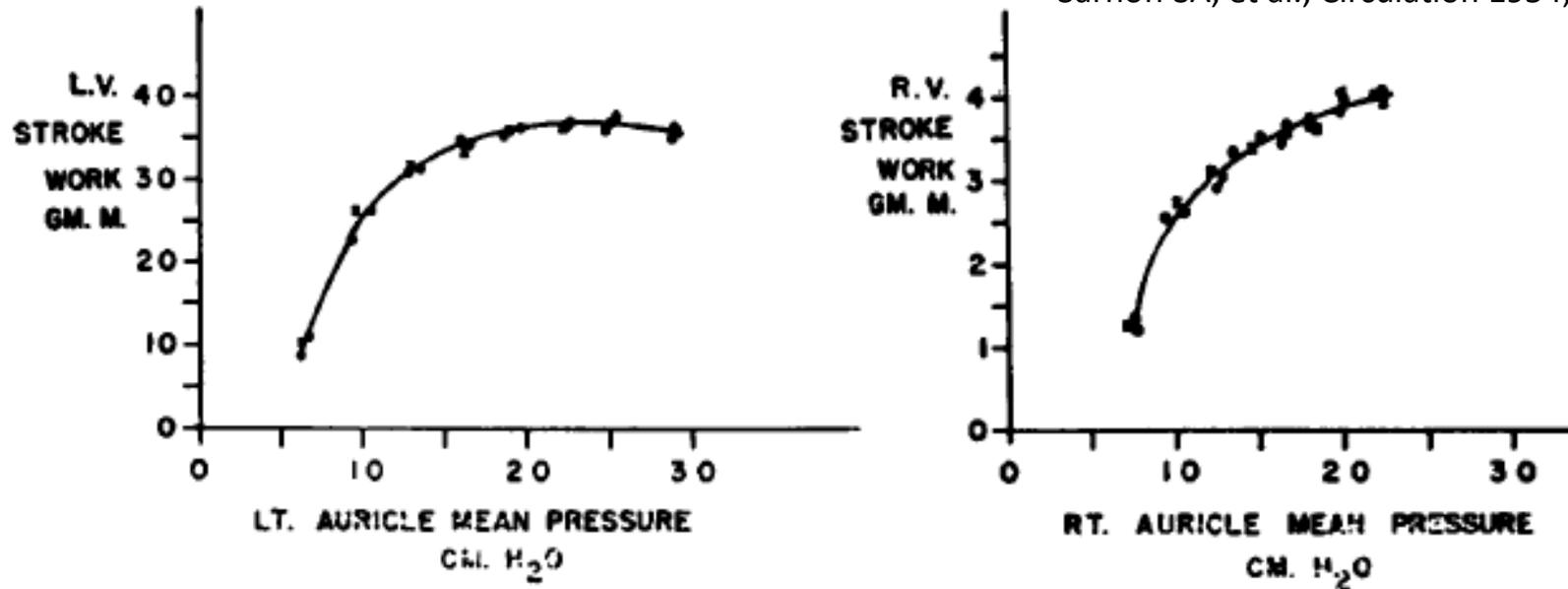


**Ap 2 Ch**



# Frank-Starling Principles

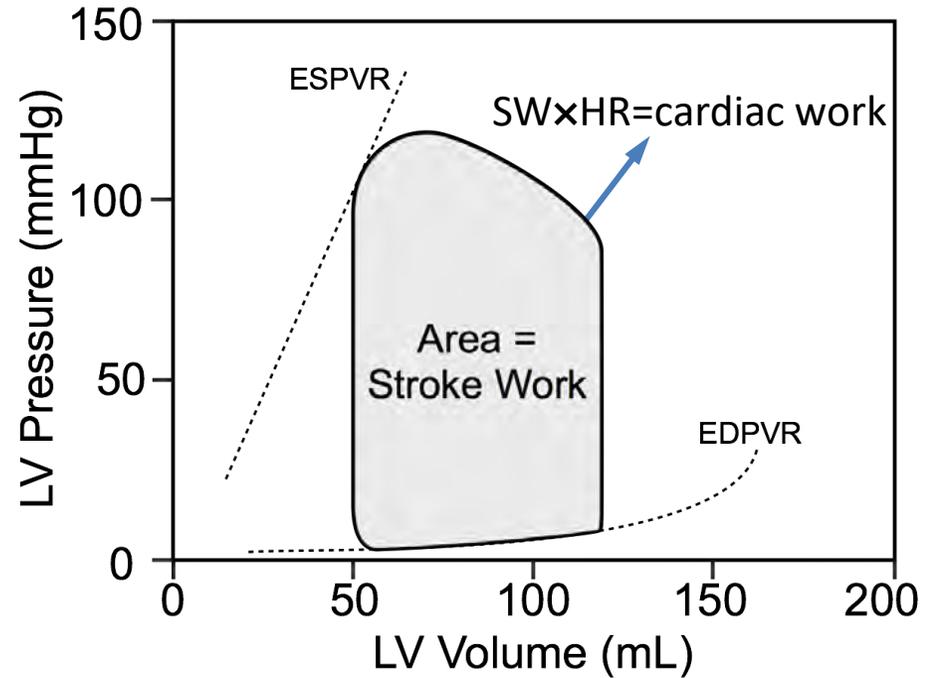
Sarnoff SA, et al., Circulation 1954;9:706



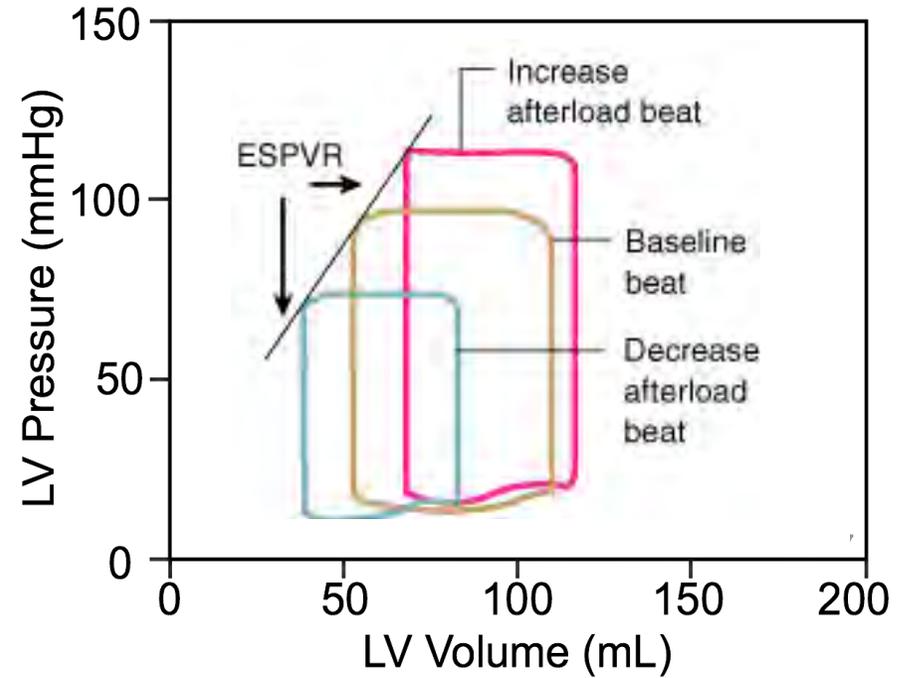
Intravascular volume status  
Mitral/tricuspid stenosis  
Tamponade physiology  
Tachycardia  
PEEP  
RV infarct/Pulmonary embolus

# Contractility and Myocardial Work

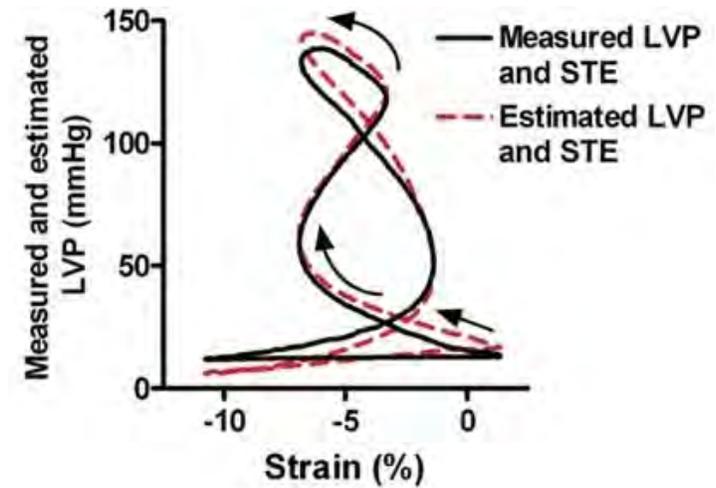
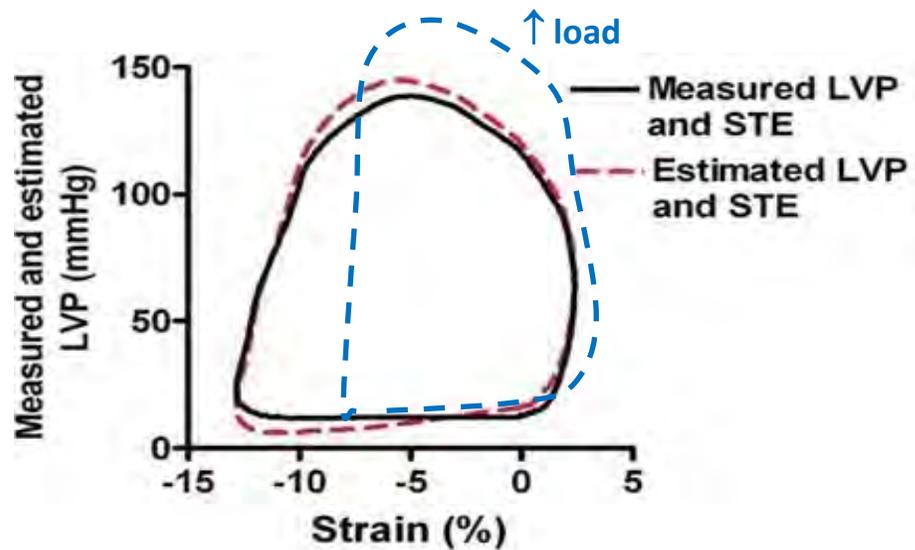
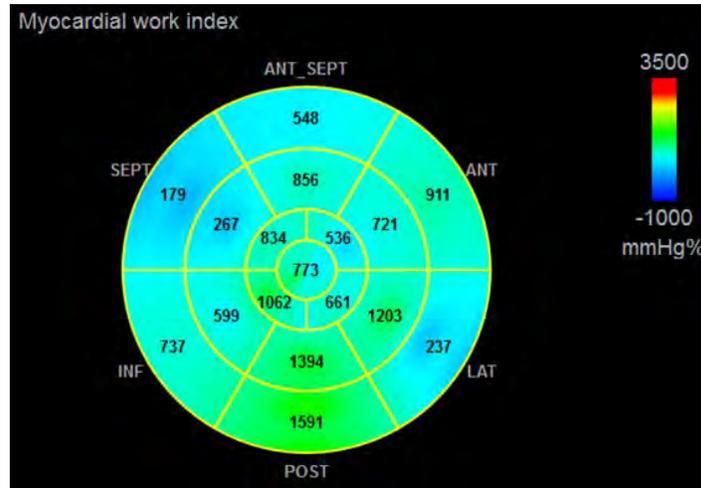
## Work



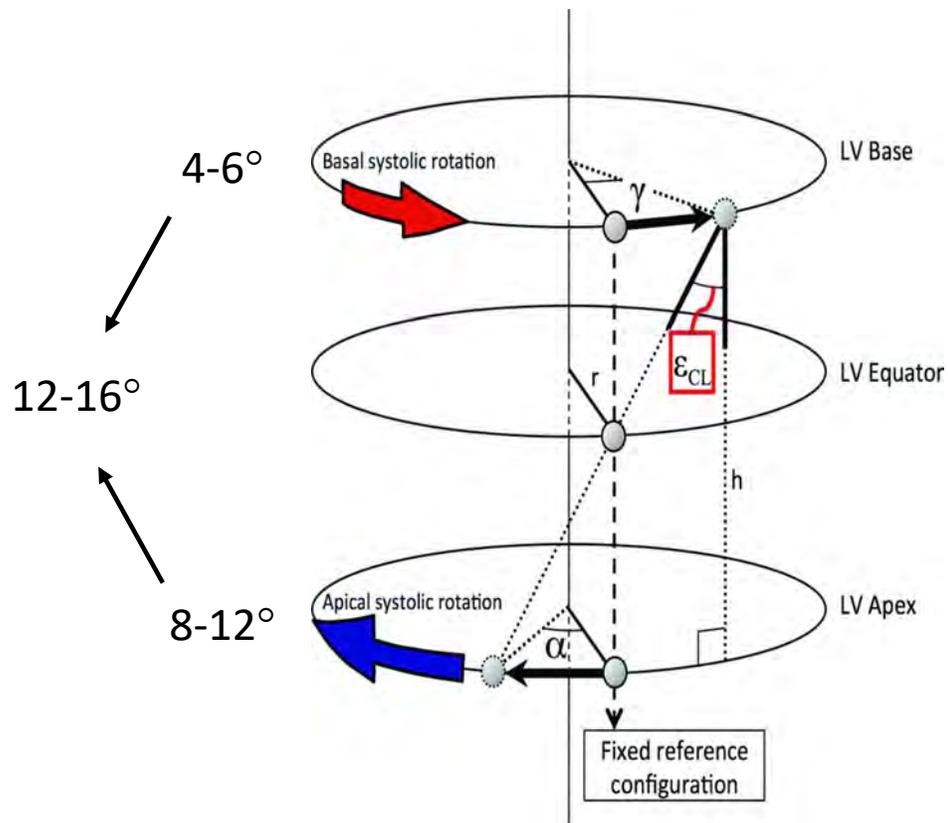
## Contractility



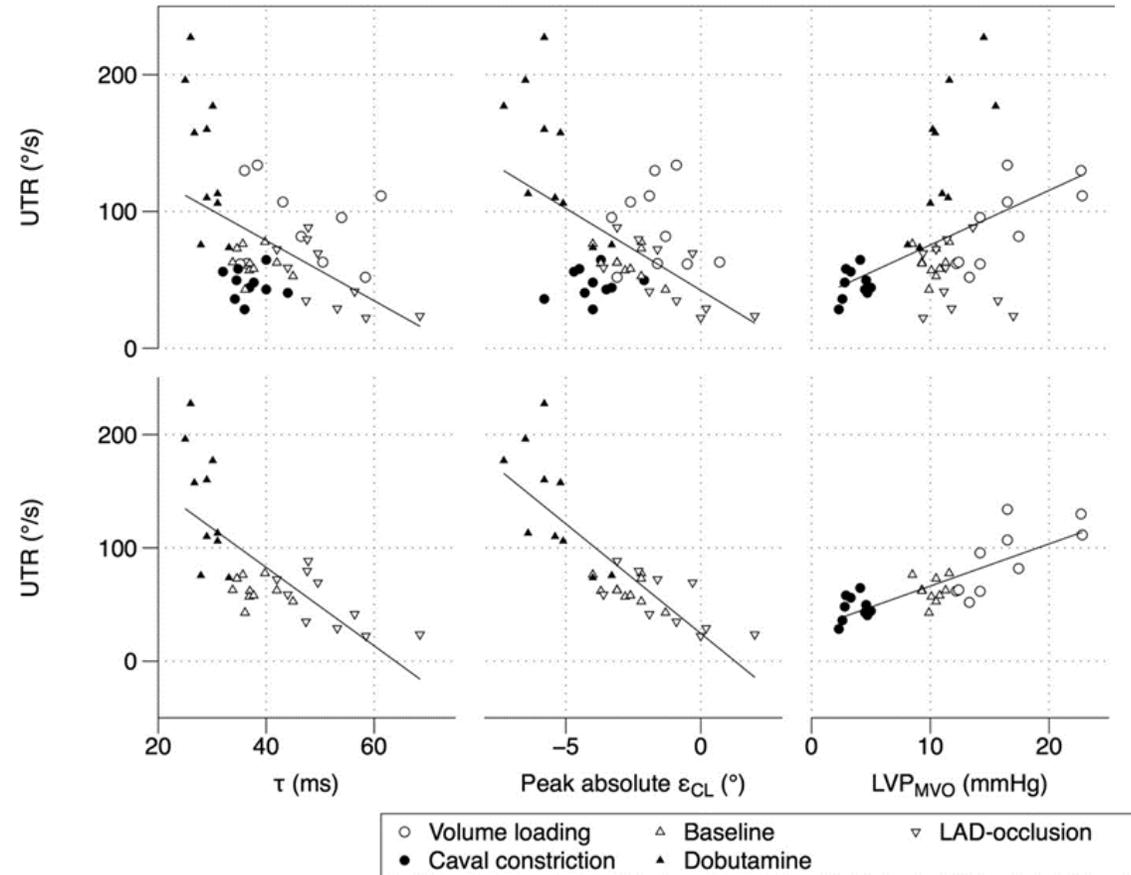
# Myocardial "Work"



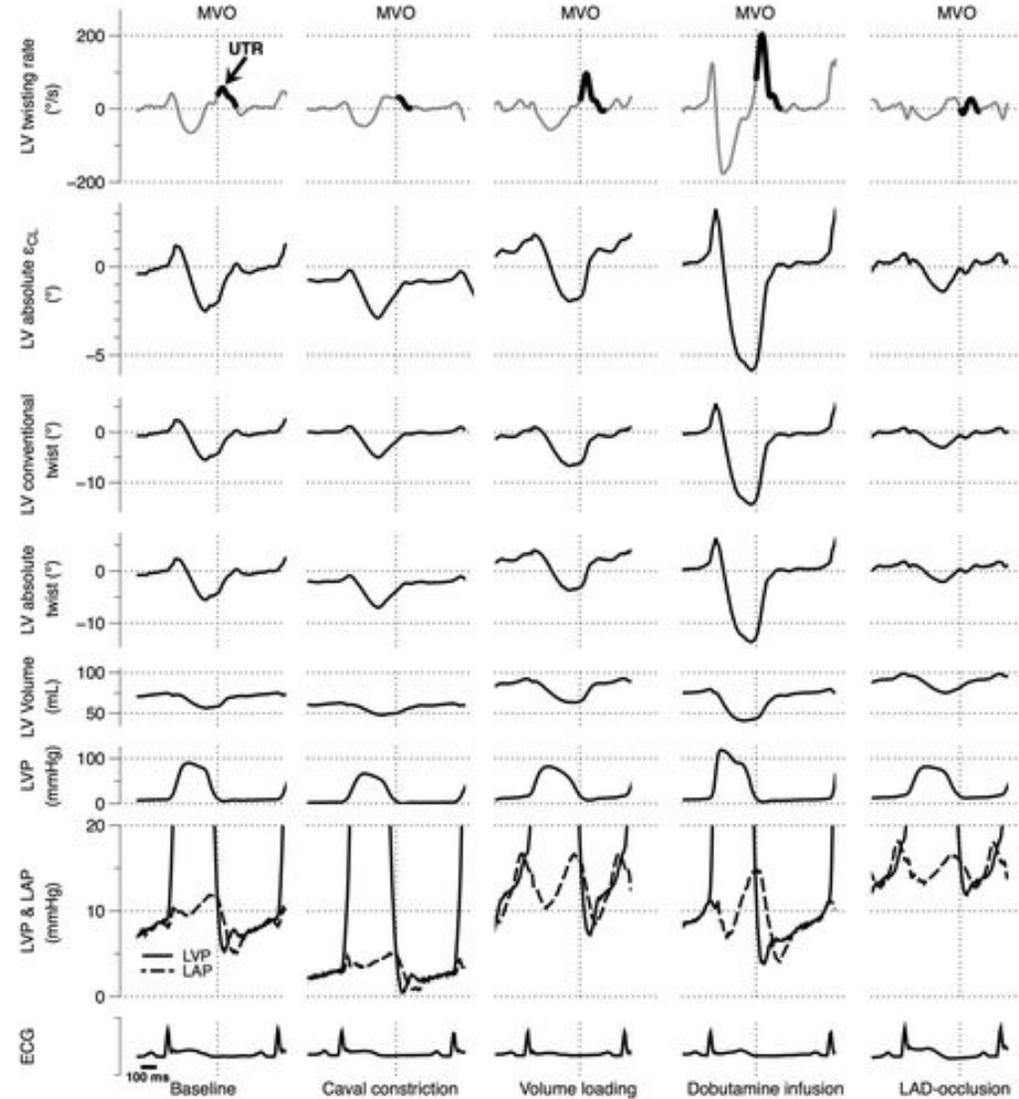
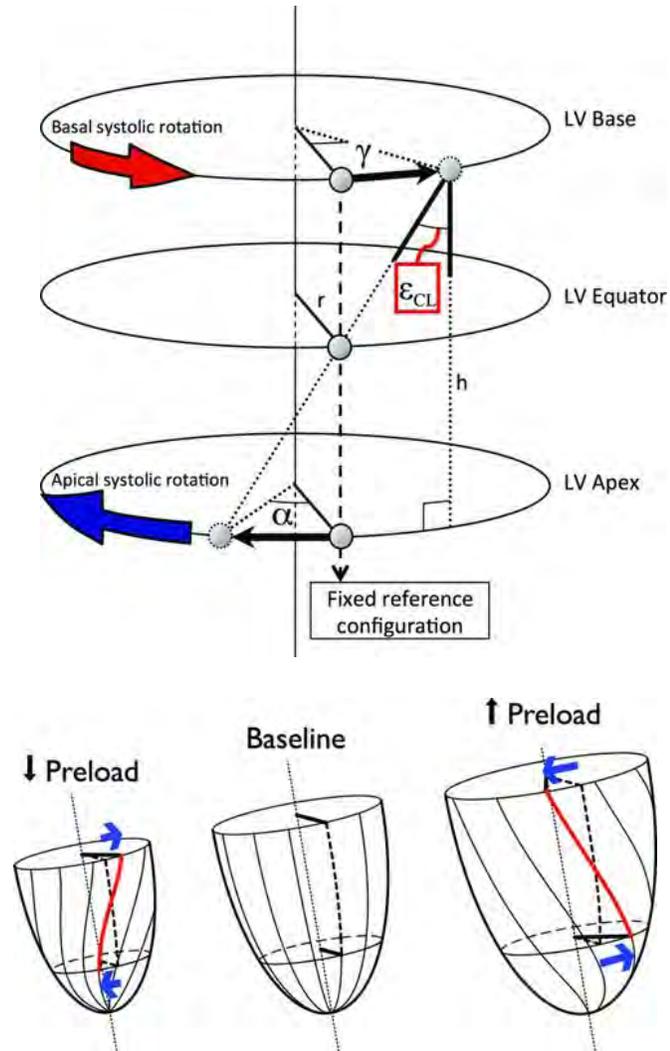
# Untwisting and LV suction ( $-dp/dt$ )



Torsion  $1.6-2.4^{\circ}\text{cm}^{-1}$

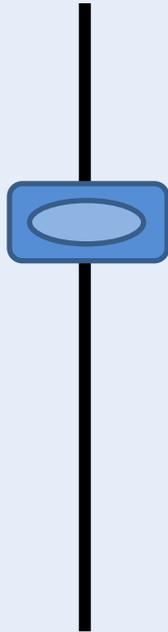


# Conditional Determinants of Twist/Untwist



# Summary

**Expert**



**Competent**

Understands applications *and* limitations of new echo technology and the physiologic influences of function

Knowledge and reporting of new technologies 2D/3D strain, dp/dt

Knowledge, reporting, and problem solving for LVEF, SV, and TDI