

Puzzling Cases to Learn From Read with the Experts

Robert R Moss
St. Paul's UBC BC Canada
rmoss@providencehealth.bc.ca

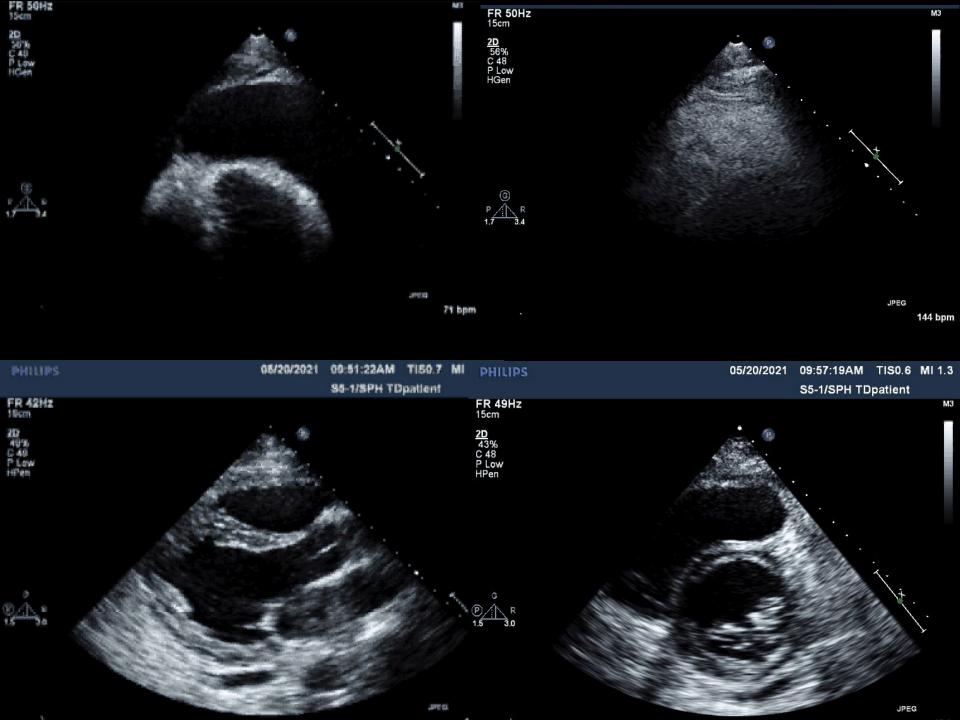


Case:



- 50 y.o. male
- Recent diagnosis of (renal limited) small vessel vasculitis (ANCA GBM positive), renal dysfunction
- Crack cocaine use, AUD
- 4 wks. prior admitted with large pericardial effusion
- Pericardiocentesis, no infectious or inflammatory etiology identified.
- Extensive work-up. A week later he underwent renal biopsy





4 Weeks later...



On medical ward: Hypotension, shock 'Rule out cardiac tamponade'

TTE requested

Given status of the patient

We decided bedside POCUS would be quicker and better

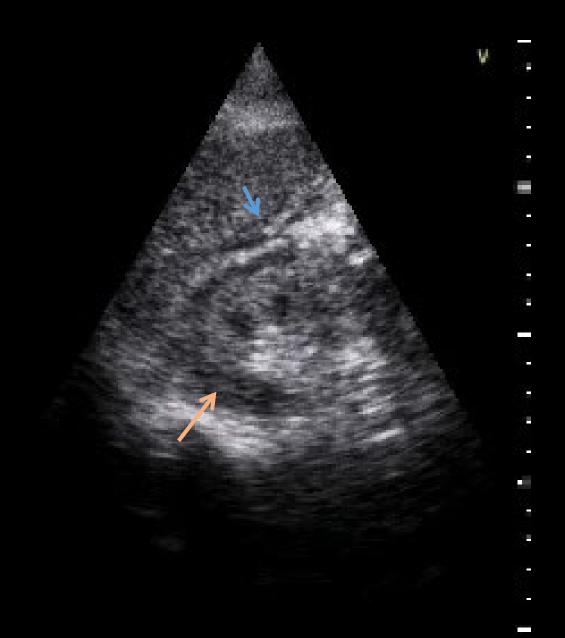














Ordering MD: TOMA, MUSTAFA

Clinical Indication(s): Shock

Clinical Summary:

50M with small vessel vasculitis (ANCA and GBM positive). Admitted May 07 2021 with renal failure and large pericardial effusion. Pericardiocentesis earlier this admission, left renal biopsy 3 weeks ago.

Acutely hypotensive, hemoglobin 40s

Asked for stat echo to evaluate for recurrent pericardial effusion and tamponade. Given the patient's clinical condition, a POCUS was performed on unit 6B.

Findings Summary

- 1. 1. No pericardial effusion.
 - 2. Normal to hyperdynamic LVEF. Collapsed IVC.
 - Small bilateral pleural effusions (left greater than right).
 - 4. Left lung base consolidation.
 - 5. Trace intra-abdominal free fluid (Morrison's pouch).
 - Right perinephric free fluid, with heterogenous appearance of perinephric retroperitoneal tissue. Left kidney not well visualized.
 - In this clinical context the abdominal and retroperitoneal free fluid is concerning for hemorrhage with hypovolemic shock.
 - 8. Findings were discussed with ICU fellow. Patient sent for stat CT abdomen.

Cardiac Findings:

Left Ventricle: Normal systolic function.

Right Ventricle: Normal size. Visually RV appears normal size.

Mitral Valve: Normal valve leaflets.

Pericardium/Other: No pericardial effusion. Pleural effusion.

Sonographer: Cvet Trpkov

Electronically signed by Robert R Moss MB, BS

Signature Date/Time: 06-Jun-2021 at 2:11:44 PM; Facility SPH

Exam completed by Cvet Trpkov on 04-Jun-2021 at 11:22:24 AM





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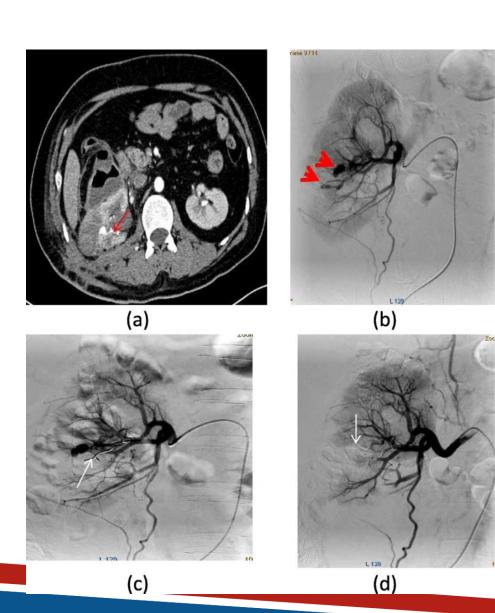
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Centre for Heart Valve Innovation St. Paul's Hospital, Vancouve

Outcome...

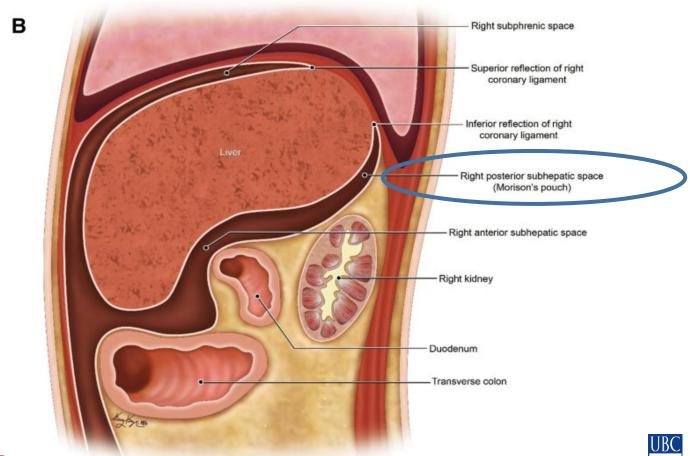


- Urgent referral to IR for intervention
- Renal angiogram showed bleeding arising from left kidney (biopsy site)
- IR Embolization of lower 2/3 of left kidney using coils with good result.



CODA: And what exactly is Morrison's pouch I hear you ask...







Take-homes:



POCUS is nimble and versatile, and potentially lifesaving
We had the diagnosis before the CT, before even the hemoglobin
Some knowledge of extra-cardiac ultrasound is very helpful in POCUS
but more generally also...

If in doubt, ask a sonographer

